


GRAMMAR

present simple and present continuous; state verbs; adverbs of frequency

3 A  The sentences below have a mistake. Choose the best option to correct the mistake.

- 1 I usually sit in an office all day, but I work from home right now.
a I worked b I've worked c I'm working
- 2 I like tea, but I'm preferring coffee these days.
a I prefer b I've preferred c I preferred
- 3 My car is needing a good clean at the moment.
a needed b needs c has needed
- 4 This week and next week, my friend and I travel around the country.
a travelled b have travelled c are travelling

B Complete the email with the words in brackets in the present simple or present continuous form.

Hi Jen,

How are things? Life's not very exciting here but it's OK.

I ¹ (save) up to buy a flat at the moment, so

I ² (live) with my parents for a few months.

I spend most evenings with my parents. We ³
(watch) this really good series on TV at the moment.

We all ⁴ (like) it a lot. My closest friend

⁵ (study) for a PhD right now, so she

⁶ (usually / be) busy, but we often get


together and play tennis. She ⁷ , (always /
win) unfortunately. She ⁸ (not know) it, but

I ⁹ (not work) this week. So, I


¹⁰ (practise) tennis and maybe I'll win
for a change!

Love, Becky


LISTENING

5A  **1.02** | Listen to the introduction to a radio programme. Choose the correct topic.



- a who people spend time with at the weekends
- b people and activities that help with stress
- c new skills that people are trying to learn

B  **1.03** | Listen to the next part of the programme. Which caller (1–5) is positive about the following things?

- a music
- b family
- c competing with friends
- d doing exercise
- e being outside

C  **1.03** | Listen again. Are the statements True (T) or False (F)?

- 1 Caller one lives near an area of nature.
- 2 Caller one enjoys going outside after work in the winter.
- 3 Caller two only sings a few kinds of songs.
- 4 Caller two and his friends sing in a group together.
- 5 Caller three chooses the game he and his friends play.
- 6 Caller three's friends make him laugh.
- 7 Caller four's children look like her.
- 8 Caller four would like to have more sleep.
- 9 Caller five only runs when it's dry.
- 10 Caller five runs at the end of every day.

6   **1.04** | Listen and write what you hear. You will hear the sentences only once.

- 1
.....
- 2
.....
- 3
.....
- 4
.....