



UNIT 5: FOOD AND HEALTH



PRACTICE

VI. Choose the word or phrase (A, B, C or D) that best fits the blank space in each sentence.

1. I'd like a _____ sandwich, please.
A. rice B. cheese C. fizzy drink D. soup
2. I'm thirsty. Can I have some _____, please?
A. water B. salad C. pasta D. apple
3. _____ are bad for your teeth.
A. Nuts B. Bread C. Sweets D. Fruit
4. Would you like some _____ with your burger?
A. sweets B. apples C. chips D. eggs
5. She doesn't eat _____ because she doesn't like bread.
A. pasta B. sandwiches C. fish D. noodles
6. My mom goes to work all day, so she usually brings her _____.
A. lunchbox B. vegetable C. pasta D. snack
7. Vending machines in schools don't sell cigarette, _____.
A. water B. nuts C. fizzy drinks D. juice
8. "Chankonabe" is a _____ Japanese dish.
A. special B. tasty C. fizzy D. normal
9. My friends don't mind _____ many different food.
A. try B. tries C. trying D. to try
10. _____ is the last course of a meal, such as cake, pudding, fresh fruit, etc.
A. desert B. dessert C. starter D. food
11. Sumo wrestlers eat _____ quantities of food every day.
A. enormous B. normal C. special D. simple
12. The _____ of sumo wrestlers isn't normal.
A. nutrient B. energy C. skin D. lifestyle
13. Fruits and vegetables contain lots of _____ and minerals.
A. pepper B. protein C. butter D. vitamins
14. I'm learning how to cook chả giò. These are _____: pork, shrimp, carrot, noodles, eggs, mushroom, pepper and salt.
A. ingredients B. menus C. desserts D. nutrients
15. There are seven main types of nutrient in food: _____, vitamins, minerals, fat, carbohydrates, water and fiber.
A. fish B. protein C. bean D. butter
16. There are a lot of _____ in bread, pasta, rice and potatoes.
A. vitamins B. minerals C. fat D. carbohydrates
17. You don't eat much _____.
A. eggs B. juice C. meat D. burgers
18. A: He doesn't have _____ friends. Tonight he just invited some of his colleagues.
B: Really? How about his neighbor?

- A. so much B. a few C. so many D. many
19. _____ my students are familiar with this kind of school activities.
A. Most B. Most of C. A few D. Few
20. I have got _____ money.
A. a few B. many of C. some D. a small number of
21. How _____ furniture do you think there is?
A. many B. much C. few D. a lot of
22. Why don't you take a break? Would you like _____ coffee?
A. few B. some C. many D. much
23. Give me _____ examples, please!
A. a few B. a little C. few D. little
24. Is there _____ water in the glass?
A. any B. some C. many D. lots of
25. The best way to improve your health is the balanced _____.
A. quantity B. walk C. diet D. disease
26. Ann: "Can you tell me how to cook beef noodle soup ? "
Hoa : " _____ "
A. You're welcome. B. Ok. Sure.
C. No problem. D. B and C are correct
27. Lan: "Do you like Vietnamese food ? "
Ms Jackson: " _____ "
A. Yes, they do. B. That's right C. Not at all. D. Yes. Of course.
28. Mai: " Would you like to drink some green tea?"
Nam: " _____ "
A. That's right. B. Yes, thanks. C. I'm sorry, I can't. D. You're welcome.
29. Lan: "Let's have dinner"
Nam: " _____ "
A. Not at all. B. Good idea. C. No problem D. Well done
30. Minh: "I am sure that you will like this meal"
Thu: " _____ "
A. Really B. Not at all. C. No problem D. You're welcome.

VII. Circle the correct words.

- There's some **strawberry** / **carrot** soup.
- Can I have a **chocolate** / **sandwich** milkshake?
- I want **an apple** / **a chicken** burger.
- We'd like some **orange** / **potato** juice.
- Is there a **cheese** / **pasta** sandwich?
- Would you like a **tomato** / **milk** salad?
- They have got some **vanilla** / **onion** ice cream.
- Have you got any **seafood** / **banana** pizza?