



UNIT 5: FOOD AND HEALTH



THEORY

► VOCABULARY (TỪ VỰNG)

WORDS	TYPE	PRONUNCIATION	MEANING
food	(n)	/fu:d/	
health	(n)	/helθ/	
healthy	(adj)	/'helθi/	
unhealthy	(adj)	/ʌn'helθi/	
apple	(n)	/'æp.əl/	
bean	(n)	/bi:n/	
egg	(n)	/eg/	
water	(n)	/'wɔ:.tər/	
juice	(n)	/dʒu:s/	
bread	(n)	/bred/	
rice	(n)	/rais/	
meat	(n)	/mi:t/	
vegetable	(n)	/'vedʒ.tə.bəl/	
burger	(n)	/'bɜ:.gər/	
sandwich	(n)	/'sæn.wɪdʒ/	
cheese	(n)	/tʃi:z/	
salad	(n)	/'sæl.əd/	
pasta	(n)	/'pɑ:.stə/	
chips	(n)	/tʃɪps/	
fish	(n)	/fɪʃ/	
chicken	(n)	/'tʃɪk.ɪn/	
crisps	(n)	/krɪsp/	
nuts	(n)	/nʌts/	
fizzy drink	(n)	/'fɪz.i drɪŋk/	
soup	(n)	/su:p/	
sweets	(n)	/swɪts/	
train	(v)	/treɪn/	
dish	(n)	/dɪʃ/	
vitamin	(n)	/'vaɪ.tə-/	
enormous	(adj)	/ə'nɔ:r.məs/	
bowl	(n)	/boul/	
dessert	(n)	/di'zə:t/	
fit	(adj)	/fɪt/	
unfit	(adj)	/ʌn'fɪt/	
hungry	(adj)	/'hʌŋɡri/	
ill	(adj)	/ɪl/	

lazy	(adj)	/'leizi/	
thirsty	(adj)	/'θə:sti/	
tired	(adj)	/'taiəd/	