

Progress Test 3

Units 5 & 6

Name: _____
Date: _____
Mark: _____ / 80 marks

Reading

1 Read the article about the Special Olympics.

The Special Olympics

The Special Olympics were founded in Chicago, Illinois in 1968, and since then they have become an important sporting event both in the United States and around the world. **1** In addition to these local and national competitions, there are Special Olympic World Games. There are winter and summer World Games which both take place every two years.

So what is special about the Special Olympics? The program was designed for athletes who want to compete in important sport events but have intellectual disabilities.

2 One is to encourage these people to improve their fitness. Another is to help them feel confident and more comfortable in the world. In addition, the Games help create positive public feelings about people with disabilities.

The Special Olympics feature a wide variety of sports including athletics, gymnastics, swimming, sailing, cycling and judo. **3** For example, in sailing competitions, each Special Olympics athlete is paired with a trained coach. This person can assist the competitor if necessary and help maintain a safe situation. If a boat contains over three crew members, the majority of them must be Special Olympics athletes.

2 Complete the Exam Task.

Exam **TASK**

Five sentences have been removed from the text.

For each question, choose the correct answer.

There are three extra sentences which you do not need to use.

- A** These sports are the most popular with the athletes.
- B** Competitors also learn about bike safety; for example, why they must wear a helmet.
- C** Today there are competitions in 180 countries featuring 30 different summer and winter sports.
- D** Because of the competitors' abilities, the games have different rules.
- E** However, athletes who can't see well or are blind have someone by their side.
- F** They believe that changing the rules does not help athletes.
- G** Most of the competitors come from Europe and the Americas.
- H** It has several important goals.

(____ / 5 marks)



For cycling competitions the rules are different. In this case, the cyclists who are not visually impaired race by themselves. **4** This person, known as a 'pilot', helps them follow the course and avoid dangerous situations. Training for the cycling competition starts with practising riding in single rows. It also includes doing simple repairs and reviewing the rules of the race. **5** The athletes' health and happiness are always top priority.

The inspirational motto of the Special Olympics is, 'Let me win. But if I cannot win, let me be brave in the attempt.' Today, 5.7 million athletes around the world share that mission.

Vocabulary

1 Choose the correct option to complete the sentences.

- 1 The family owns four dairy farms. The *accomodations* / *properties* are all in the south of the country.
- 2 There was a broken *cushion* / *kettle* in the kitchen.
- 3 The school is planning to hold a tennis *game* / *tournament* for the best young players in the area.
- 4 The ball hit the goal *post* / *stick* and didn't go into the net.
- 5 Running on the athletics *track* / *pitch* is better than running on cement.
- 6 They live in an apartment block so they have *flatmates* / *neighbours* on all sides.
- 7 We had to pay the *flat* / *rent* before the last Friday of every month.
- 8 The kitchen floor is so dirty. Please pick up a *bin* / *brush* and help me clean it.
- 9 I'm making a salad. Can you get the tomatoes out of the *fridge* / *freezer* please?
- 10 My chest of *drawers* / *trainers* is too small and I can't fit my clothes into it.

(____ / 10 marks)

2 Match the beginnings of the sentences (1–6) with the endings (a–f).

1 I'm tired. I'm going	<input type="checkbox"/>	a make a mess.
2 At the end of the month, we plan to	<input type="checkbox"/>	b to take a break.
3 Try not to drop food on the floor and	<input type="checkbox"/>	c move house.
4 If you cook the meal, somebody else should	<input type="checkbox"/>	d to do some housework.
5 The flat is a mess; we really need	<input type="checkbox"/>	e do the dishes.
6 It's nearly 7.30 p.m. We should go to the kitchen and	<input type="checkbox"/>	f make dinner.

(____ / 6 marks)

3 Complete the table.

Verb	Noun	Adjective	Adverb
endanger	danger	(1)	dangerously
–	profession / (2)	professional	(3)
deepen	depth	(4)	(5)
–	(6)	fit	–
(7)	competition / competitor	competitive	(8)
free	(9)	free	(10)

(____ / 10 marks)

Grammar

1 Choose the correct options to complete the sentences.

- 1 She's lost too many points. She's *not going to win* / *won't win* the match.
- 2 A: Let's go for a run.
B: OK. *I'll put* / *I'm putting* my trainers on.
- 3 A: Have you found a place to stay in Oxford?
B: Yes. *We'll rent* / *We're going to rent* a lovely flat.
- 4 I think the house *looks* / *will look* beautiful when you finish the work.
- 5 I can't talk now. *I'll play* / *I'm playing* volleyball with some friends from school in half an hour.
- 6 They're *going to move* / They'll *move* to an off-grid community because they think *it's going to be* / *it will be* better for their children.
- 7 We're *having* / We have a housewarming party on Friday. It's *starting* / It starts at 8 p.m. Can you come?

(____ / 9 marks)

2 Complete the sentences with the correct form of the verbs.

- 1 You _____ (feel) better if you got more sleep.
- 2 If it doesn't rain, _____ (you / go) cycling this afternoon?
- 3 When the traffic light turns red, the cars _____ (stop).
- 4 If Jack _____ (not drink) so much cola, he wouldn't have problems with his teeth.
- 5 If I studied more, I _____ (get) better marks.
- 6 I always take a nap if I _____ (be) tired after football training.
- 7 I will take an art class this summer if I _____ (have) some free time.
- 8 If I were you, I _____ (not stay up) late the night before a test.
- 9 _____ (you / buy) a new computer if you had enough money?
- 10 When you get up early, _____ (you / watch) the sun come up?
- 11 If the weather _____ (be) warmer, we would go to the beach.
- 12 She won't cook dinner for Jim unless he _____ (do) the dishes afterwards.

(____ / 12 marks)

3 Complete the conversation with the correct form of the words.

A: I need to find a new flatmate. What should I do?

B: Well, if I wanted a flatmate, ¹ _____ (I / advertise) on the college website. If ² _____ (you / create) a good advert, I'm sure you'll find someone great!

A: What should I put in the advert?

B: Well, if ³ _____ (you / want) to live with someone quiet, you can say 'Quiet flat'.

A: ⁴ _____ (I / not want) to live with someone quiet unless they were happy for me to make noise!

B: OK. But if ⁵ _____ (I / be) you, I wouldn't say that in an advert. How about 'Fun flatmate for great flat in city centre'?

A: If ⁶ _____ (I / write) that, it wouldn't be true. The flat has a lot of problems.

B: How about 'cheap flat'? A lot of ⁷ _____ (students / apply) if you say it's cheap.

A: Actually, it isn't even cheap.

B: OK. Why would someone want to live in a flat with a lot of problems if ⁸ _____ (it / not be) cheap?

A: Good question. Maybe I should move!

(____ / 8 marks)

Writing

Complete the Exam Task.

Exam **TASK**

Read this email from your English-speaking friend Pat and the notes you have made.

EMAIL

From: Pat

Subject: Our holiday!

Hi

How are things with you? Life is good here because my exams are finished. Are your exams going well?

I've just taken up paddleboarding. It's really easy to do and I love being on the water.

I want to bring my paddleboard with me on our holiday in August. So, I'd like to go somewhere near the beach or on a lake. Which would you prefer?

I have a new tent, too. So, we could camp on our holiday. What do you think?

Write back soon!

Pat

Ask a question
about Pat's
hobby

Say which
I prefer

Yes,
because ...

No,
because ...

Write your **email** to Pat using **all the notes**.

(____ / 20 marks)