

GRAMMAR Present Perfect Continuous

I've been seeing a lot more posts from influencers.

I haven't been working for money.

How long have you been working for this company?

Time expressions

recently, lately, all day/night

Recently they've been sharing video reviews.

since last Friday/October/Saturday/I woke up

I've been using a new social media platform since last summer.

for two hours/three years/a long time/ages

Nina has been helping me for a few days.

1 ● Complete the sentences with the Present Perfect Continuous form of the verbs in brackets.

- 1 Josy should relax this evening. She's been revising (revise) for her test all day.
- 2 Julia haven't been writing (not write) her fashion blog much.
- 3 We haven't been reading (read) the product reviews on her channel for years.
- 4 How long haven't been collecting (they/collect) vintage fashion magazines?
- 5 Kevin haven't been listening (listen) to the same playlist for three days!

2 ● Write the phrases below in the correct column.

a-long-time	afternoon	ages	four months
I got home	last Tuesday	morning	night
two o'clock			

for	since	all
<u>a long time</u>		

3 ● Complete the sentences with the Present Perfect Continuous form of the verbs below. There is one extra verb.

look make not practise save tidy wear

- 1 I've been wearing glasses for four months.
- 2 Tara haven't been playing the piano much recently.
- 3 How long haven't been looking (Lucy) for a job as an influencer?
- 4 I'm tired! We haven't been tidying the garden for hours now!
- 5 How long haven't been making (you) your own clothes?

4 ● Complete the second sentence with the word in bold so that it means the same as the first one. Use no more than five words.

1 We started writing this review at 4 p.m. and it's 7 p.m. now.

We've been writing this review for three hours. FOR

2 Sara moved here in January and she lives here now.

Sara has been living January. LIVING

3 What did you do from 9 a.m. until now?

What haven't been doing all morning? DOING

4 Tom didn't post on his channel last week or this week.

Tom haven't been posting on his channel recently. BEEN

5 They started trying on clothes at 10 a.m. and it's 3 p.m. now.

They've been trying AGES

5 ● Complete the text with one word in each gap.

I never used to be interested in fashion, but recently I've been ¹ wearing much more fashionable clothes. It all started a few months ago, when my friend Jana saw me at school and said, 'Kate, have you been to the second-hand shop in town? It's been there ² a while now! Let's go there together.' I agreed: 'You're right – I do need some new clothes and I ³ haven't been putting off getting some ⁴ recently last year.'

We had a great day. When we got home, we were exhausted and there were bags everywhere. My mum said 'What have you ⁵ been doing? What is all this mess?'

Now I'm really into fashion and I ⁶ haven't been experimenting with a fashion vlog ⁷ for the last three months. My followers tell me they've ⁸ been enjoying it. One person asked me, 'How ⁹ long have you been making fashion videos?' and couldn't believe it when I told her it had only been three months. She thinks I've been studying fashion ¹⁰ recently my life!