

## GRAMMAR Present Perfect Continuous

I've **been seeing** a lot more posts from influencers.  
 I **haven't been working** for money.  
 How long **have you been working** for this company?

## Time expressions

recently, lately, all day/night

**Recently** they've been sharing video reviews.

since last Friday/October/Saturday/I woke up

I've been using a new social media platform **since** last summer.

for two hours/three years/a long time/ages

Nina has been helping me **for** a few days.

## 1 ● Complete the sentences with the Present Perfect Continuous form of the verbs in brackets.

- Josy should relax this evening. She's **been revising** (revise) for her test all day.
- Julia \_\_\_\_\_ (not write) her fashion blog much.
- We \_\_\_\_\_ (read) the product reviews on her channel for years.
- How long \_\_\_\_\_ (they/collect) vintage fashion magazines?
- Kevin \_\_\_\_\_ (listen) to the same playlist for three days!

## 2 ● Write the phrases below in the correct column.

a long time    afternoon    ages    four months  
 I got home    last Tuesday    morning    night  
 two o'clock

for	since	all
a long time		

## 3 ● Complete the sentences with the Present Perfect Continuous form of the verbs below. There is one extra verb.

look    make    not practise    save    tidy    wear

- I've **been wearing** glasses for four months.
- Tara \_\_\_\_\_ the piano much recently.
- How long \_\_\_\_\_ (Lucy) for a job as an influencer?
- I'm tired! We \_\_\_\_\_ the garden for hours now!
- How long \_\_\_\_\_ (you) your own clothes?

## 4 ● Complete the second sentence with the word in bold so that it means the same as the first one. Use no more than five words.

- We started writing this review at 4 p.m. and it's 7 p.m. now.

We've **been writing this review for** three hours. **FOR**

- Sara moved here in January and she lives here now.

Sara \_\_\_\_\_ January. **LIVING**

- What did you do from 9 a.m. until now?

What \_\_\_\_\_ all morning? **DOING**

- Tom didn't post on his channel last week or this week.

Tom \_\_\_\_\_ on his channel recently. **BEEN**

- They started trying on clothes at 10 a.m. and it's 3 p.m. now.

They've been \_\_\_\_\_. **AGES**

## 5 ● Complete the text with one word in each gap.

I never used to be interested in fashion, but recently I've been <sup>1</sup> **wearing** much more fashionable clothes. It all started a few months ago, when my friend Jana saw me at school and said, 'Kate, have you been to the second-hand shop in town? It's been there <sup>2</sup> \_\_\_\_\_ a while now! Let's go there together.' I agreed: 'You're right – I do need some new clothes and I <sup>3</sup> \_\_\_\_\_ been putting off getting some <sup>4</sup> \_\_\_\_\_ last year.'

We had a great day. When we got home, we were exhausted and there were bags everywhere. My mum said 'What have you <sup>5</sup> \_\_\_\_\_ doing? What is all this mess?'

Now I'm really into fashion and I <sup>6</sup> \_\_\_\_\_ been experimenting with a fashion vlog <sup>7</sup> \_\_\_\_\_ the last three months. My followers tell me they've <sup>8</sup> \_\_\_\_\_ enjoying it. One person asked me, 'How <sup>9</sup> \_\_\_\_\_ have you been making fashion videos?' and couldn't believe it when I told her it had only been three months. She thinks I've been studying fashion <sup>10</sup> \_\_\_\_\_ my life!