

Find and encircle the following skills in the word puzzle.

D E P E N D I N G E G I
 L U B A L A N C E E M V
 F L E X I B I L I T Y M
 O G U A R D I N G R V I
 I N T E R C E P T I O N
 C O O R D I N A T I O N
 Z F C G S P E E D A Q R
 E Q D X F O O T W O R K
 G S A T T A C K I N G M
 F C A T C H I N G G I G

FLEXIBILITY
 SPEED
 BALANCE
 COORDINATION
 FOOTWORK
 INTERCEPTION
 CATCHING
 ATTACKING
 DEPENDING
 GUARDING

Identify what is being asked by each item. Choose your answer inside the box below. Drag and Drop your answer on the space provided.

- _____ 1. When the player needs to run fast so that the hawk cannot catch the chicks. What skill is being used?
- _____ 2. The teams are trying to defend their goal and scoring in the opponents goal even if their opponents score is higher than them. What values is shown in this situation?
- _____ 3. When playing Kickball, a player is efficient in using his/her feet in kicking the ball and in running. What skill is shown?
- _____ 4. When playing a game, the players enjoy playing a fair game and they achieved victory without cheating. What values is shown in this situation?
- _____ 5. When playing *Sungka*, a player must drop a pebble into the right hole. What skill is shown?

Agility

Honesty

Eye coordination

Endurance

Footwork

Determination

Speed

Rearrange the jumbled letters to form a word that describes the values that one should learn through playing games. The first letter will be your clue. Type your answer on the box

d e n c n o c e f i

1. C _____

c e s r e p t

2. R _____

c n o o p i e t r a

3. C _____

e p a c t n i e

4. P _____

y h o t s n e

5. H _____

k t e r a o w m

6. T _____

r e t y p o i l n s b i i

7. R _____

p o s e v i t i

8. P _____

c a r i e e d m a a r

9. C _____

n o i t a n i m r e t e d

10. D _____

Put a check (✓) on the blank before the number if it shows safety measures and put a cross (X) if not.

- ____ 1. Wear proper playing clothes (like PE uniform) and footwear.
- ____ 2. Play at the gym, field or designated playing area.
- ____ 3. Make sure that the playing area is free of constructions.
- ____ 4. Play near the road to add more thrill and excitement.
- ____ 5. Use proper playing equipments.

Read each situation and encircle the letter of the best answer.
Tick your answer.

1. Our team is the champion because of our captain. No matter how fast his opponent shoot the ball he can do the same, he never misses it and hits it right back. What emotion is shown in the situation?
A. Happiness
B. Anger
C. Sadness
D. Afraid
2. Ashley always seems to trip on her own feet. She keeps on bumping to her opponents. If she participates in a race, what might she needed to boost?
A. Speed
B. Fear
C. Positive outlook
D. Confidence
3. In volleyball, Chelsea finds it hard to keep up with the other players. She cannot catch up to the ball to get it. What emotion is shown in this situation?
A. Happiness
B. Anger
C. Sadness
D. Afraid
4. Some call Marie “ Clumsy Marie”. During the game she hear somebody called her names, because of this she throws the ball and hurt someone. What emotion is shown in this situation?
A. Happiness
B. Anger
C. Sadness
D. Afraid
5. When a player shows his/her power, speed, and tactic during the game. What values is shown?
A. Determination
B. Teamwork
C. Sportsmanship
D. Confidence