Task 1 . Fill in the correct word.

1. My heart starts to very fast when I hear the sound of thunder and see flashes of lightning.
2. It`s very difficult to your reactions when presented with your worst fear.
3. When she sees a snake, she like a leaf.
4. On seeing the nurse approaching with the injection, she with fear.
5. His mouth was completely as the plane prepared to take off.
6. He crowded places such as malls and cinemas.
7. When she sees blood, she .
8. You should your fear instead of avoiding it.

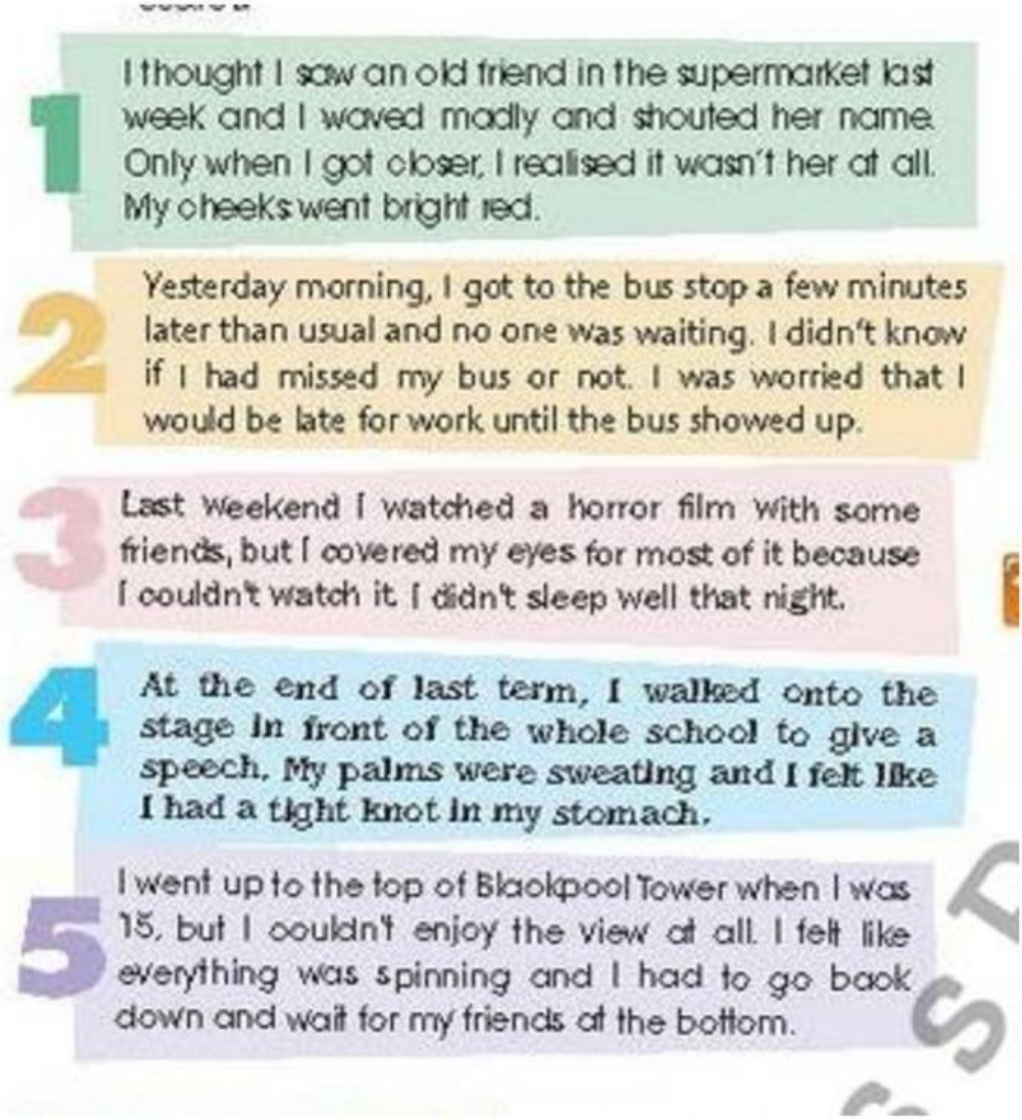
Task 2 . Listen to four people talking about their fears. Match them to their fears. One is extra.

People	Fears
Kate	***insects***
Laura	***blood***
Mark	***crowds***
Bob	***heights***
	storms

LIVEWORKSHEETS

Task 3 . Choose the correct feeling word and match to the situation.

anxious nervous embarrassed dizzy scared



Task 4 . Fill in the gaps.

1. Mark went as white as a when the wasp landed on his hand.
2. I`m so nervous about the exam. I`ve got in my stomach!
3. Janet is scared of spiders.
4. Brian nearly jumped out of his when he saw the mouse.
5. Harry`s hair on the end when he saw the bear standing in front of him.

LIVEWORKSHEETS