

## Adverbs of Frequency

1 Write the words and phrases in the correct group.

**occasionally – rarely – seldom – once a month – never – every Wednesday –  
sometimes – quite often – on Mondays – three times a week**

Before the main verb

e.g.: I \_\_\_\_ go swimming

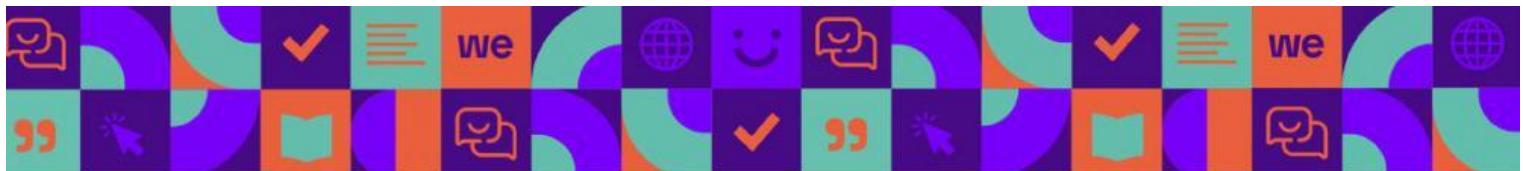
After the main verb

e.g.: I go swimming \_\_\_\_

2 Write a number 1–3 to put these sentences in order of frequency (least frequent = 1 and most frequent = 3).

- 1 ..... He usually goes bowling on Saturdays.  
..... He occasionally goes bowling.  
..... He never goes bowling.
  
- 2 ..... I only see him once a month.  
..... We see each other every weekend.  
..... We hardly ever see each other.
  
- 3 ..... Occasionally we watch TV together.  
..... We like watching TV together every evening.  
..... We watch TV together on Thursdays.





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3 Write the words in the correct order to make sentences.

A always / hand in / I / on time. / my homework

-----.

B her birthday / celebrates / twice a year. / The Queen

-----.

C in the evening. / play / We / computer games

-----.

D You / your future. / about / rarely / think

-----.

E never / seen / I have / her before.

-----.

F use / most afternoons. / the school library / I

-----.

G go / My parents / about once a year. / to the cinema

-----.

H black in summer. / normally / wear / I / don't

-----.

Discussion!



What are your hobbies? How often do you do them?

