

Adverbs of Frequency

1 Write the words and phrases in the correct group.

occasionally - rarely - seldom - once a month - never - every Wednesday -
sometimes - quite often - on Mondays - three times a week

Before the main verb e.g.: I ____ go swimming	After the main verb e.g.: I go swimming ____

2 Write a number 1–3 to put these sentences in order of frequency (least frequent = 1 and most frequent = 3).

- He usually goes bowling on Saturdays.
..... He occasionally goes bowling.
..... He never goes bowling.
- I only see him once a month.
..... We see each other every weekend.
..... We hardly ever see each other.
- Occasionally we watch TV together.
..... We like watching TV together every evening.
..... We watch TV together on Thursdays.

Adverbs of Frequency

3 Write the words in the correct order to make sentences.

A always / hand in / I / on time. / my homework

B her birthday / celebrates / twice a year. / The Queen

C in the evening. / play / We / computer games

D You / your future. / about / rarely / think

E never / seen / I have / her before.

F use / most afternoons. / the school library / I

G go / My parents / about once a year. / to the cinema

H black in summer. / normally / wear / I / don't

Discussion!



What are your hobbies? How often do you do them?