5.1 Listen to some interviews and choose the best option, A, B or C.

1: What is Lydia's favorite school lunch?

A. Chicken B. Salad C. Both A and B

2: What is Sophie's favorite school lunch?

A. Chicken salad B. Fish and chips C. Chicken and fish

3: Which school lunch does Ben like?

A. Pasta B. Burgers C. Chicken

4: Where does Georgia have lunch?

A. At school B. In a café C. At home

5: What does Georgia say about his dad?

A. He is not good at cooking. B. He's a great cook. C. C) His soup is just OK

5.2. Listen to an interview and choose the best option, A, B or C. (1.20)

1: How much do sumo wrestlers weigh?

A. More than 140 kilos B. 130 kilos C. 200 kilos

2: Their lifestyle is … .

A. healthy B. unhealthy C. long

3: What's their typical day?

A. They get up early. B. They train for about 9 hours. C. Both A and B

4: What do they have for breakfast?

A. They eat a lot of meat B. They do not have breakfast. C. They eat vegetables.

5: When do they eat a lot?

A. At breakfast B. At dinner C. At lunchtime

5.3 Listen to an interview and choose the best option, A, B or C.

1: What do sumo wrestlers have for lunch?

A. A special dish B. Vegetables C. Potato chips

2: What is included in *chankonabe*?

A. Meat B. Fish C. Both A and B

3: How many bowls of rice do they eat?

A. Four B. Five C. Six

4: When do they sleep?

A. After lunch B. In the evening C. In the mor

5: What other foods do they eat?

A. Some eggs B. Some desserts C. Both A and B

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5.4 Listen to a conversation and choose the best option, A, B or C.

1: Charlie is … .

A. fit B. healthy C. Both A and B

2: He is also … .

A. lazy B. active C. fat

3: How many hours does he sleep?

A. Six B. Seven C. Eight

4: What does he not like doing at the weekends?

A. He doesn't like staying in bed.

B. He doesn't like playing video games.

C. He doesn't like eating potatoes.

5: What does he like?

A. He likes watching TV. B. He likes cooking. C. He likes going out.

5.5 Listen to a conversation and choose the best option, A, B or C.

1: Conor is … now.

A. fit B. healthy C. Both A and B

2: What is Conor doing?

A. He's sleeping. B. He's eating. C. He's studying for exams.

3: How many hours does he usually sleep?

A. Four B. Five C. Six

4: What does he advise?

A. Not go to bed late B. Eat a lot C. Go to bed late

5: He says you cannot do exams if you're … .

A. sleepy B. tired C. hungry

LIVEWORKSHEETS