

# HABITS

Match the columns to complete the habits.

- |            |                               |
|------------|-------------------------------|
| 1. Sleep ● | ● a shower every day.         |
| 2. Eat ●   | ● your teeth after each meal. |
| 3. Take ●  | ● nine hours each night.      |
| 4. Brush ● | ● healthy food.               |

Complete the words.



1. t\_\_k\_\_ a sh\_\_w\_\_r



2. \_\_x\_\_rc\_\_s\_\_