
 **A** Read the sentences. Circle the correct answer.

1. I eat a lot of _____. I like eggplant, carrots, and onions.
a. vegetarian b. fresh c. vegetables
2. A _____ diet includes beans, brown rice, vegetables, and wheat bread.
a. high-fiber b. high-protein c. home grown
3. She eats _____ vegetables from her garden all summer.
a. frozen b. processed c. home grown
4. Kenji is a(n) _____. He doesn't eat meat, but he eats dairy products.
a. vegan b. vegetarian c. organic
5. Eating a lot of _____ is not good for you.
a. fresh b. home grown c. fast food
6. A _____ diet includes chicken, fish, and eggs.
a. fast food b. high-protein c. vegan

 **B** Circle the correct word.

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| 1. A: How <i>much</i> / <i>many</i> cheese do you need?
B: <i>A lot</i> / <i>A few</i> . I'm making six pizzas. | 5. A: How <i>much</i> / <i>many</i> burgers are there?
B: Only <i>a lot</i> / <i>a few</i> . We need to buy more. |
| 2. A: How <i>much</i> / <i>many</i> sausages do we have?
B: Not <i>many</i> / <i>much</i> . There are two in the fridge. | 6. A: How <i>much</i> / <i>many</i> rice do you want?
B: Not <i>many</i> / <i>much</i> . I'm on a high-protein diet. |
| 3. A: How <i>much</i> / <i>many</i> milk do you usually buy?
B: <i>A lot</i> / <i>a little</i> because I have four kids. | 7. A: How <i>much</i> / <i>many</i> desserts do we need?
B: Not <i>many</i> / <i>much</i> . My friends are very healthy. |
| 4. A: How <i>much</i> / <i>many</i> sugar do you put in your tea?
B: Not <i>many</i> / <i>much</i> . Just a little. | 8. A: How <i>much</i> / <i>many</i> oranges do you need to make the juice?
B: <i>A lot</i> / <i>A few</i> . Everyone wants some. |

 **C** Complete the sentences with *much*, *many*, *a lot*, *a little*, or *a few*.

1. People on high-protein diets eat _____ of meat and fish.
2. Ritika doesn't eat _____ wheat bread. She doesn't like the taste.
3. We have _____ of apples. Let's make a pie!
4. How _____ tomatoes do we need?
5. How _____ garlic do you put in the sauce?
6. Put _____ salt in the soup. Not too much!
7. Carla only eats _____ chocolate every day.
8. Can you eat nuts? The salad has _____ walnuts in it.