Lesson C Vocabulary and Grammar

A Read the sentences. Circle the correct answer.

1. I eat a lot of _____. I like eggplant, carrots, and onions.
   a. vegetarian **b.** fresh **c.** vegetables
2. A _____ diet includes beans, brown rice, vegetables, and wheat bread.
   a. high-fiber **b.** high-protein **c.** home grown
3. She eats _____ vegetables from her garden all summer.
   a. frozen **b.** processed **c.** home grown
4. Kenji is a(n) _____. He doesn't eat meat, but he eats dairy products.
   a. vegan **b.** vegetarian **c.** organic
5. Eating a lot of _____ is not good for you.
   a. fresh **b.** home grown **c.** fast food
6. A _____ diet includes chicken, fish, and eggs.
   a. fast food **b.** high-protein **c.** vegan

B Circle the correct word.

1. **A:** How *much* / *many* cheese do you need?
   B: *A lot* / *A few.* I'm making six pizzas.
2. **A:** How *much* / *many* sausages do we have?
   B: Not *many* / *much.* There are two in the fridge.
3. **A:** How *much* / *many* milk do you usually buy?
   B: *A lot* / *a little* because I have four kids.
4. **A:** How *much* / *many* sugar do you put in your tea?
   B: Not *many* / *much.* Just a little.
5. **A:** How *much* / *many* burgers are there?
   B: Only *a lot* / *a few.* We need to buy more.
6. **A:** How *much* / *many* rice do you want?
   B: Not *many* / *much.* I'm on a high-protein diet.
7. **A:** How *much* / *many* desserts do we need?
   B: Not *many* / *much.* My friends are very healthy.
8. **A:** How *much* / *many* oranges do you need to make the juice?
   B: *A lot* / *A few.* Everyone wants some.

C Complete the sentences with *much*, *many*, *a lot*, *a little*, or *a few*.

1. People on high-protein diets eat _____ of meat and fish.
2. Ritika doesn't eat _____ wheat bread. She doesn't like the taste.
3. We have _____ of apples. Let's make a pie!
4. How _____ tomatoes do we need?
5. How _____ garlic do you put in the sauce?
6. Put _____ salt in the soup. Not too much!
7. Carla only eats _____ chocolate every day.
8. Can you eat nuts? The salad has _____ walnuts in it.

LIVEWORKSHEETS