6A Night night

The amount of sleep required by the average person is five minutes more.
Wilson Mizener, American playwright

G *used to, be used to, get used to* **V** sleep **P** /s/ and /z/

1 GRAMMAR *used to, be used to, get used to*

a Circle the correct word.

1 Before my sister had children, she used to *sleep* / *sleeping* for eight hours every night.
2 When we moved to Britain from Poland, we weren't used to *drive* / *driving* on the left.
3 Chris got divorced last year, but he soon got used to *live* / *living* on his own.
4 I *used to* / *use to* know her quite well, but we lost touch after university.
5 Max *would* / *used to* have a beard when he was a student.
6 My parents are slowly getting used to *be* / *being* retired.
7 My new job is exhausting. I'm not used to *work* / *working* so hard.
8 Did you use to *play* / *playing* a musical instrument at school?
9 When Lily was a teenager, she *used to* / *was used to* eat pizza almost every day.
10 When I was a child, my mum *would* / *was used to* read to me every night before I went to bed.

b Complete the sentences with the infinitive or gerund of a verb from the list.

be cook go have live look after
~~play~~ study talk use

1 I used to *play* basketball quite well when I was a teenager.
2 Neil is a chef, so he's used to _____ for a lot of people.
3 My sister has got used to _____ in New York now, though she didn't like it at first.
4 My grandparents didn't use to _____ a phone when they were first married.
5 I don't think I could get used to _____ a total vegetarian.
6 When I was a child, my whole family would _____ for a walk every Sunday afternoon.
7 Emma has never lived on her own before, so she isn't used to _____ herself.
8 Did you use to _____ with music on when you were at university?
9 Ben will have to get used to _____ public transport when he starts his new job.
10 People used to _____ to friends in person, not online.

c Complete the second sentence so that it has a similar meaning to the first sentence. Use a form of *used to*, *be used to*, or *get used to* and a verb.

1 Stephen wasn't so affectionate in the past.
Stephen *didn't use to be* _____ so affectionate.
2 Has working at night become less of a problem now?
Have you _____ at night?
3 Rob couldn't sleep because he doesn't normally sleep on a sofa.
Rob couldn't sleep because he _____ on a sofa.
4 Chloe wore her sister's clothes when she was a child.
Chloe _____ her sister's clothes when she was a child.
5 We have adapted to living in the country very quickly.
We have _____ in the country very quickly.
6 In the past, the high street was full of shops, but now many have closed down.
The high street _____ full of shops, but now many have closed down.
7 They still don't know how to use the new computer system – they keep making mistakes.
They haven't _____ the new computer system yet.
8 I don't normally have breakfast so early.
I'm _____ breakfast so early.



LIVEWORKSHEETS

d Write about things you *used to / didn't use to* do as a child and things you're *used to / you've got used to* doing these days.

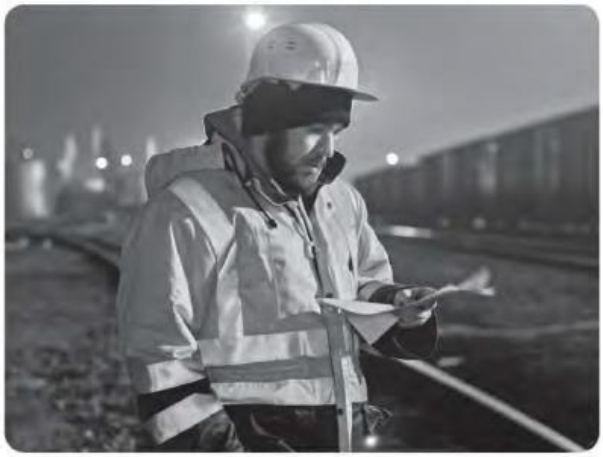


When I was a child...

These days...

2 PRONUNCIATION /s/ and /z/

a 6.1 Listen and complete the sentences.



1 Terry is *used to working* at night.
2 We've got _____ in a tiny flat.
3 Antibiotics are drugs that are _____ infections.
4 I never _____ problems sleeping.
5 I _____ a room, but now I have my own.
6 A trolley is a small vehicle that is _____ things.

b 6.1 Listen again. In which sentences is *used* pronounced /ju:zd/ and in which is it pronounced /ju:st/?

c 6.1 Listen and repeat the sentences. Copy the rhythm.

d Write the words in the correct column.

~~bus~~ ~~buzz~~ cause course eyes ice loose lose peace peas place plays price prize race raise

	
1 **s**nake	2 **z**ebra
bus	*buzz*

e 6.2 Listen and check. Then listen again and repeat the words.

LIVEWORKSHEETS

3 VOCABULARY sleep

a Complete the sentences.



1 I tried not to y*awn*_____, but I was tired and I couldn't help it.
2 We were cold in bed, so we got a bl_____ from the cupboard.
3 She has to wear earplugs at night because her husband sn_____.
4 I was feeling sl_____, so I went to bed.
5 My grandmother takes sl_____ p_____ to help her to sleep.
6 If I get up early, I try to have a n_____ after lunch.
7 It was lovely and warm in the bed because there was a nice thick d_____ on it.
8 I was so tired that I fell asleep as soon as I put my head on the p_____.
9 James has in_____ – he just can't sleep at night.
10 It's very hot in the summer where we live, so we only have a sh_____ on the bed.

b Match 1–9 to a–i.

1 Our neighbours often keep *f*
2 My partner is a light ____
3 I didn't hear last night's storm – I always sleep ____
4 Before I travel, I often have ____
5 On weekdays, I always set ____
6 Our children were ____
7 Apparently, I used to sleepwalk when I was a child; ____
8 I often fall ____
9 If you oversleep, ____

a nightmares about missing my flight.
b fast asleep by the time we got home.
c you'll miss your bus.
d the alarm for seven o'clock.
e sleeper – the slightest noise wakes him up.
f ~~us awake with their loud music.~~
g asleep during long coach journeys.
h like a log.
i one day my mother found me in the garden!

c Complete the questions with the correct form of a verb from the list.

be fall have keep oversleep
set ~~sleep~~ sleepwalk

1 *Are*_____ you a light sleeper, or do you *sleep*_____ like a log? Why?
2 Do you ever _____ nightmares? What about?
3 Do you wake up on your own, or do you need to _____ an alarm?
4 When was the last time you _____? What time did you wake up?
5 How long does it usually take you to _____ asleep?
6 Do you know anyone who _____? If so, where do they usually go?
7 What sometimes _____ you awake?
8 When was the last time you _____ fast asleep and something or someone woke you up?

d Answer the questions in **c** about you.

1 _____
_____
2 _____
_____
3 _____
_____
4 _____
_____
5 _____
_____
6 _____
_____
7 _____
_____
8 _____
_____

LIVEWORKSHEETS