

GREEN LIVING MADE EASY



Read the text below and then answer the comprehension questions on the next page.

Nowadays, environmental problems is public concerns. Let's explore simple ways to adopt a green lifestyle, making a big impact with small changes.

Firstly, consider your carbon footprint—the gases you release into the atmosphere. Carpooling and using energy-efficient methods, like LED bulbs, can prevent an explosion in carbon emissions.

Waste is another challenge. Reduce, reuse, and recycle to minimize the harmful effects of waste production. Choose products with minimal packaging and reusable items over disposable ones.

Chemicals in household products can harm our health and the environment. Shift towards organic food to avoid exposure to harmful chemicals used in conventional farming. Educate yourself on green living practices and make informed choices in your daily routines.

By collectively adopting a green lifestyle, we can contribute to a healthier, happier Earth. Small changes today lead to a sustainable tomorrow.

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Decide whether the statement is true (T) or false (F).

- | | | T | F |
|---|---|--------------------------|--------------------------|
| 1 | We shouldn't pay attention to environmental problems. | ☐ | ☐ |
| 2 | We can reduce, reuse, and recycle to protect the environment. | ☐ | ☐ |
| 3 | Chemicals in household products can be bad for our health. | ☐ | ☐ |
| 4 | It is recommended to choose disposable items. | ☐ | ☐ |

Complete the table.

Problems	Solution
Carbon footprint	- - method
Waste	- reduce, reuse, and recycle - products with - items over items
Chemicals in household	- eat foods - make informed choices