UNIT 1: FAMILY LIFE

FURTHER READING



I. Read the text below and decide which of the following is the best title for it.

A. Doing Housework is Good for Children

B. Husbands Who Share Housework Make Their Wives Happy

C. Sharing Housework Makes the Family Happier

In many cultures, doing housework is considered a woman's duty. The mother is usually the homemaker, who has to do most of the household chores, while the father is the breadwinner, who is responsible for the family finances. However, it is not good for the mother when the rest of the family does not help out. When families share household chores, it is good for them as individuals and good for all the relationships within the family.

According to psychologists, most people do not realise the **enormous** benefits that come to a family when husbands and children share the housework. Children who share the housework with their mums and dads do better at school, become more **sociable**, and have better relationships with their teachers and friends. They learn good skills, are more responsible, and tend to be overall good people. When men share the housework, they tend to have better relationships with their wives. Women often feel happy when they see their husbands doing housework because **it** says, 'He cares about me and he doesn't want to put all of the housework on me.' Women whose husbands do not contribute to the household chores are more **vulnerable** to illness and **tend** to think more about divorce.

When everyone works together on household chores, it creates a positive atmosphere for the family and sets a good example for the children. This is especially true if mum and dad can find a way to work well together and are not **critical** of each other.

II. Read the text again. Do you understand the words from the context? Tick the appropriate meaning for each word from the text.

1. sociable

a. friendly

b. unfriendly

2. vulnerable

a. able to be well protected

b. able to be easily physically, emotionally, or mentally hurt

3. critical

a. saying that something is good

b. saying that something is bad

4. enormous

a. not very large

b. very very large

5. tend

a. likely to behave in a particular way

b. unlikely to behave in a particular way

III. Read the text again. Choose the correct answers.

1. In many cultures, who is typically considered responsible for doing most of the household chores?

a) The children

b) The father

c) The mother

d) The grandparents

2. According to the passage, what are some benefits of children sharing housework with their parents?

a) Improved academic performance

b) Enhanced social skills

c) Better relationships with teachers and friends

d) All of the above

3. How do women generally feel when their husbands contribute to the housework?

a) Annoyed

b) Grateful

c) Indifferent

d) Sad

4. What is one potential consequence for women whose husbands do not help with household chores?

a) Improved health

b) Increased social status

c) Higher likelihood of divorce

d) Better relationships with friends

5. What creates a positive atmosphere in the family according to the passage?

a) Sharing household chores

b) Having a large family

c) Criticizing each other

d) Putting all the housework on the mother

LIVEWORKSHEETS