Task 1.

Listen to the first part of the science podcast and answer the questions.

1. Which of the people mentioned in the podcast like spicy food?

   A. host   B. host's brother   C. Dr. Watts

2. What is *constrained risk* according to the theory? Explain. Give an example.

3. According to the theory what kind of people are more likely to enjoy spicy food?

4. Why is eating spicy food considered to be *constrained risk*?

5. Is the theory reliable? Why, why not?

Alternative theory for liking spicy food

Main idea 1: [_____] influences liking of [_____]

  Supporting evidence: eat food [_____] in our culture

Main idea 2: Lots of [_____] → preference for spicy food.

  Supporting evidence: eat a lot → [_____]

  Supporting evidence: [_____] = eat a lot → get used to spicy food

Main idea 3: no [_____] for liking spicy food

  Supporting evidence: theories linking to biological, environmental + [_____]