

Name_____

Date:									
Walk									
Kneel									
Run									
Roll Sideways									
Jump									
Walk Backward									
Hop on two feet									
Throw a ball									
Crawl									
Squat									
Walk sideways									
Gallop									
Balance on one foot									

Name_____

Kick									
March									
Hop on one foot									
Skip									
Jumping Jacks									