

## Reading

Read the following information about indigenous and medicinal plants.

Then complete the worksheet.

### Indigenous and Medicinal Plants in The Bahamas

1. **Morning Glory**- Used for: constipation, stings and bites
2. **Cerasee**- Used for: colds and flu, lower blood sugar (diabetes)
3. **Gum Elemi**- Used for: back ache, cold , fever
4. **Gale of Wind**- Used for: poor appetite, constipation, fever, flu and cold
5. **Cascarilla Bark**- brown rough trunk- Used for: digestion and stomach aches.
6. **Sea grapes**- Used for: Upset stomach.
7. **Lignum Vitae**- Tree of Life – National Tree-  
Used for: weakness and strengthen the back.
8. **Rooster Comb**- Used for: pain in joints
9. **Fever grass**- Used for: pain, fever, sleep disorders, lower blood sugar (diabetes)

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## Science

### Topic: Indigenous and Medicinal Plants

**A. Instructions:** Read each ailment.  
Then write the indigenous plant that will help to cure it.  
Use the words in the bubble to help you.



	Ailment	Indigenous Plant
1.	This plant is used for pain in joints	
2.	This plant is used for digestion and stomach aches.	
3.	This plant is used for pain, fever, sleep disorders, lower blood sugar (diabetes).	
4.	This plant is used for weakness and strengthens the back.	
5.	This plant is used for colds and flu, lower blood sugar (diabetes).	
6.	This plant is used for constipation, stings and bites.	
7.	This plant is used for back ache, cold, fever.	
8.	This plant is used for upset stomach.	
9.	This plant is used for poor appetite, constipation, fever, flu and cold.	



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