

READING: HUMANS AND THE ENVIRONMENT

I. Put a tick for the action you have taken to have a green lifestyle.



II. Read the text and choose the appropriate meaning for the bold words from the text.

The basic definition of green living is living in a way that preserves and **conserves** the earth's resources, habitats, and biodiversity and ensures that the way we live our life does no further harm to the planet.

What are some examples of green living?

Eliminating plastic from your life. This means using reusable shopping bags, reusable coffee cups and water bottles.

Making your home energy **efficient**. This can be done by using LED light bulbs, composting, recycling, and eliminating waste.

Changing your transportation methods. **Consider** whether you need to drive. If yes, drive greener, buy an electric car. If not, use other methods of transportation like walking, cycling, catching a bus, or using the train.

Buy **local** and buy organic food. Supporting local farmers means reducing the carbon footprint of the food you eat. Eating organic food helps to eliminate toxins from the food you eat and the earth it is grown in.

(*"What is Green Living? (Definition and FAQs)"* by australianorganicproducts.com.au)

1. conserve

to keep and protect something from damage

to damage something so badly that it cannot be used

2. eliminate

to come or bring something back to life

to remove or take away someone or something

3. efficient

working quickly and effectively in an organized way

giving a lot of attention to something

4. consider

to spend time thinking before making decisions

to do things suddenly

5. local

belonging to a country that is not your own

belonging to a small area, especially of a country

III. Read the text again and decide whether these statements are True (T) or False (F)

1. Green living involves preserving the earth's resources and habitats while avoiding further harm to the planet.
2. Using not-reusable shopping bags and plastic bottles aligns with green living principles.
3. Making home energy efficient includes using LED light bulbs and composting.
4. Using cars whenever you want is encouraged in green living.
5. Buying locally produced food helps reduce the carbon footprint of one's diet.