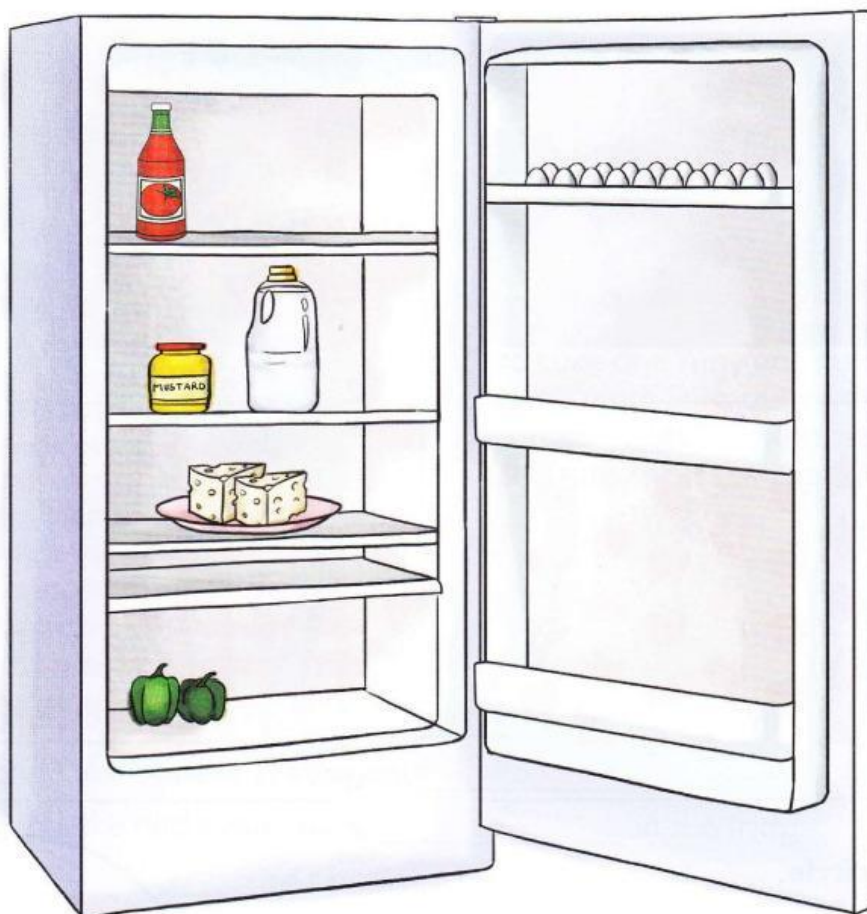


9 Look and answer. Use **some** or **any**.



- 1 Is there any milk? _____
- 2 Is there any turkey? _____
- 3 Is there any tomato sauce? _____
- 4 Are there any eggs? _____
- 5 Are there any red peppers? _____

10 Look at 9. Write the questions.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

Yes, there is some cheese.

Yes, there is some mustard.

No, there aren't any onions.

Yes, there are some green peppers.

No, there isn't any juice.

11 Read. Then write **A, B, C, D** or **E**.

	Where do we get the vitamins in food?
Vitamin A	carrots, mangoes, milk, eggs
Vitamin B	potatoes, bread, chicken, cheese, eggs, green vegetables
Vitamin C	oranges, peppers, tomatoes, potatoes
Vitamin D	eggs, fish, milk, the sun
Vitamin E	nuts, green vegetables



1 Vitamin ____



2 Vitamin ____, ____ and ____



3 Vitamin ____



4 Vitamin ____



5 Vitamin ____ and ____



6 Vitamin ____

3:12

12

Listen and circle.

- 1 Vitamin A is good for our **eyes** / **ears**.
- 2 Vitamin B helps make blood and gives us **energy** / **skin**.
- 3 Vitamin C is good for bones, teeth and our **brain** / **muscles**.
- 4 Vitamin D helps makes strong **skin** / **bones**.
- 5 Vitamin E keeps our **blood** / **muscles** healthy.

**THINK
BIG**

Write and draw.

I get Vitamin ____ from

_____.

