IELTS QUIZ 3

A: Match the following words with their synonyms.

A	B	C
1) Making money	A. Community obligations	1.....
2) Social responsibilities	B. Detrimental health effects	2.....
3) Health concerns	C. Generating profits	3.....
4) Negative health effects	D. Health issues	4.....
5) Consume fast food regularly	E. Indulge in fast food frequently	5.....
6) Nutritional value	F. Less gratifying experience	6.....
7) Wholesome meals	G. Modern medicine	7.....
8) Less satisfying experience	H. Nutrient content	8.....
9) Alternative medicines	I. Nutritious meals	9.....
10) Conventional medicine	J. Traditional medicine	10.....

B: Use words in the box to fill in the following gaps.

A. alternative
B. benefits
C. drawback
D. individuals
E. lack
F. medicine
G. popularity
H. traditional
I. variety
J. world

1. The widespread adoption of traditional medicine has gained **.....** in recent years, but its lack of scientific evidence has become a serious drawback.

2. While modern **.....** has proven to be highly effective in treating various diseases and conditions, some people still prefer the traditional remedies passed down through generations.

3. Unfortunately, the use of **.....** medicine can pose a life-threatening risk, as some herbal remedies may interact negatively with modern medications or exacerbate existing medical conditions.

4. In the **.....** today, both traditional and modern medicine play important roles in maintaining good health and well-being.

5. However, it's crucial for **.....** to understand the limitations and potential risks of both forms of medicine and to consult with qualified healthcare professionals before making any decisions about their health.

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6. Many people continue to rely on traditional medicine as a complementary or ..... form of treatment, especially for chronic conditions or symptoms that modern medicine has not been able to address effectively.

7. Despite the growing popularity of traditional medicine, scientific studies have shown that many traditional remedies ..... evidence of their effectiveness, making it important for individuals to approach them with caution and skepticism.

8. In some cases, the use of traditional medicine can also pose a serious ..... in terms of its cost and accessibility, as many traditional remedies are not covered by insurance or readily available in modern healthcare systems.

9. However, as more research is conducted on traditional medicine and its potential ..... , it's possible that some traditional remedies may be integrated into modern healthcare practices in the future.

10. Ultimately, the decision to use traditional or modern medicine should be based on a ..... of factors, including personal preference, cultural background, and the advice of qualified healthcare professionals.

LIVEWORKSHEETS

Reading

That Gunk in Your Ears

Everyone in the world has to deal with earwax. As part of a hygiene routine, it is necessary to clean out the matter that accumulates in the ear canal. Excess accumulation of earwax can reduce sensitivity to sounds and impair the functioning of hearing aids.

Earwax has a few special functions and is secreted naturally by special cells. It prevents the ear canal from drying out and also protects it by trapping dust and bacteria, which are all carried out when the ear is cleaned. Without the wax, delicate parts of the body, like the ear drum, would become more vulnerable to infection.

Among humans, there are two different types of earwax. Most people in the world have a 'wet' type of earwax. The color ranges from honey to dark brown and the consistency is moist and somewhat smooth. It is found in Caucasians, Africans, and their descendants. Asians and Native Americans, on the other hand, produce a 'dry' type of earwax. This wax is flaky and gray in color. Anthropologists have used this distinction to track the movements of some indigenous groups.

Cleaning earwax is a relatively simple process, but one that must be done with care. It is possible to safely wipe the opening of the ear. Inserting an instrument deeper into the canal has the potential to push the wax further down, causing blockage. Though, for ears without too much accumulation, this technique might be sufficient. For those with a greater amount of wax in deeper locations, a doctor or a specialist in ear cleaning should remove it.

TRUE/FALSE/NOT GIVEN

1. Earwax is a problem for the throat and nose, as well as the ear.
2. There is known reason for the existence of earwax.
3. Among the world's population, there is a dominant type of earwax.
4. The earwax found in Asian people contains high levels of moisture.
5. Consulting a medical professional is the safest way deal with earwax.

LIVEWORKSHEETS

LISTENING

PART 1 *Questions 1–10*

Questions 1–4

Complete the form below.

*Write **ONE WORD AND/OR A NUMBER** for each answer.*

Wayside Camera Club membership form	
Name:	Dan Green
Email address:	dan1068@market.com
Home address:	52 **1** ..... Street, Peacetown
Heard about us:	from a **2** .....
Reasons for joining:	to enter competitions to **3** .....
Type of membership:	**4** ..... membership (£30)

Questions 5–10

Complete the table below.

*Write **NO MORE THAN TWO WORDS** for each answer.*

Photography competitions		
Title of competition	**Instructions**	**Feedback to Dan**
5 ' ..... '	A scene in the home	The picture's composition was not good.
'Beautiful Sunsets'	Scene must show some **6**	The **7** ..... was wrong.
8 ' ..... '	Scene must show **9**	The photograph was too **10** ..... .

LIVEWORKSHEETS