

## From Alarms to Bedtime: A Day of a 7th Grader (Present Simple: Routines)

Hi there! My name is Alexa, and I'm a 7th grader. I want to tell you about my daily activities, so you can get to know me better.

Every morning, my day begins with the sound of my alarm clock ringing. It's not always easy to get out of bed, but I know I have a lot of exciting things ahead. First things first, I brush my teeth and get dressed for the day.

Once I'm all set, I head to the kitchen for breakfast. My mom usually makes something yummy like pancakes or cereal. I love having a good breakfast because it gives me the energy I need for school.

Speaking of school, I take the bus with my friends. We chat and laugh on the way, making the ride a lot of fun. When I arrive at school, my first class is usually English, which I really enjoy. We read interesting stories and learn new words every day.

After a few classes, it's time for lunch. I sit with my friends in the cafeteria, and we share stories about our morning. Sometimes, we play a quick game of soccer during lunch break to stretch our legs and have some fun.

In the afternoon, we have more classes, including math and science. I like solving math problems and conducting cool experiments in science class. After school, I have some homework to do, but I always find time to relax and play video games or read a good book.

In the evening, my family sits down for dinner together. We talk about our day and share funny stories. After dinner, I do a bit more homework and then get ready for bed. I love reading a chapter of my favorite book before going to sleep.

That's a typical day in my life as a 7th grader. I hope you enjoyed learning about my daily activities!

