

Vocabulary

1 Complete the sentences with one word in each gap.

- 0 I've just taken up running. I want to take part in the New York City marathon next year.
- 1 We are doing a run to help _____ money for cancer research.
- 2 If you continue to eat sweets every day, you will definitely _____ weight.
- 3 She is in a _____ condition after the accident, and the doctors aren't sure she will survive.
- 4 Did you learn how to give first _____ at school? Would you be able to help somebody in danger?
- 5 I couldn't help notice that Carrie had a new gold watch on her _____ and a diamond ring on her finger.

2 Complete the sentences with the missing verbs. Use the definitions in brackets to help you.

- 0 Many emergency workers deliver (bring into the world) a baby in someone's home or on the way to hospital.
- 1 Instead of giving them gifts for their anniversary, my parents would like you to - _____ (give for the purpose of providing help) money to their favourite charity.
- 2 Simple mosquito nets can _____ (protect) lives in areas where the insects spread disease.
- 3 I'm taking part in the charity walk next weekend. You can _____ (give money to someone who is taking part in an event organised by a charity) me if you want.
- 4 You won't be able to buy these tablets if a doctor doesn't write a _____ (an order for a medication) for you.
- 5 There isn't enough equipment to _____ (give medical care) this disease here. You need to go to the capital.

Grammar

3 Complete the sentences with the correct form of the verbs in the box.

be	not have	not hurt
join	learn	stop

- 0 If I were you, I wouldn't touch the cut with a dirty hand.
- 1 My friend is complaining about his health all the time. I wish he _____!
- 2 If I wanted to get more exercise, _____ (you) a gym with me?
- 3 I've been walking all day! I'm really tired and I wish my feet _____ so much.
- 4 If George _____ a car, he would probably go to work by bike.
- 5 I would like to know more about being healthy. If only we _____ more about eating habits at school!

4 Complete the second sentence so that it has a similar meaning to the first.

- 0 The expedition was a complete disaster because the climbers left too late.
If the climbers had left earlier, the expedition wouldn't have been a complete disaster.
- 1 The weather was horrible last night, so Thomas decided to stay at home.
If the weather hadn't been horrible last night, _____.
- 2 I didn't tell the doctor about the headaches because he didn't ask me about them. If the doctor had asked me about the headaches, _____.
- 3 I disagreed so strongly because I thought the nurse was wrong.
I wouldn't have disagreed so strongly _____.
- 4 Anna didn't want to go to the dentist until she got terrible toothache last week.
If Anna hadn't got terrible toothache last week, _____.
- 5 I was so hungry because we didn't have anything for lunch.
I wouldn't have been so hungry if _____.

FOCUS

Use of English

5 Choose the correct option.

HEALTH

When you go to ⁰ A a new doctor, you are likely to hear the same questions that you've answered hundreds of times before. 'Do you take any medication? Are you allergic to anything? Have you ever broken a bone or ¹— your shoulder?' Actually, I had lots of accidents when I was a child. For example, when I was ten, I had to spend a month in bed after a bad fall. My mother blamed herself and would repeat, 'If you hadn't climbed that tree, you ²— two ribs.' She became overprotective after the accident. She was always worried about my health, and I knew that it ³— her heart every time I got ill or injured. That didn't change my behaviour, though.

I don't have any children, but if I ⁴—, I wouldn't try to protect them from all possible dangers. It never works. Sometimes you just can't prevent them ⁵— getting hurt. And I think it is the lack of physical activity that is more dangerous for most people nowadays.

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|---|---------------|------------------|------------------------|
| 0 | A see | B look | C watch |
| 1 | A removed | B dislocated | C turned |
| 2 | A won't break | B wouldn't break | C wouldn't have broken |
| 3 | A broke | B damaged | C hurt |
| 4 | A have | B did | C had had |
| 5 | A off | B from | C out of |