

## VOCABULARY

### 1 Choose the odd one out.

- 1 Fruit: garlic, peach, pear
- 2 Vegetables: onion, sweet potato, mango
- 3 Meat and fish: sausage, tuna, chillies
- 4 Snacks: seeds, vinegar, nuts
- 5 Cooking: ingredients, ice cream, recipe
- 6 Flavours: coconut, mint, sauce
- 7 Describing food: spicy, sour, oil

### 2 Choose the correct option.

- 1 My favourite salad has tuna and a *boiled / cooked* egg.
- 2 It's important to eat five pieces of *fresh / raw* fruit and vegetables a day.
- 3 Nuts are full of / in healthy fats.
- 4 *Frozen / Strawberry* is my favourite flavour of ice cream.
- 5 Fish is healthy *for / with* your brain.
- 6 Some foods can protect you *to / from* illness.
- 7 I usually add extra green pepper *to / for* recipes.
- 8 I think garlic goes really well *with / for* mushrooms.

### 3 Choose the correct answer.

- 1 Some people say coffee tastes \_\_\_\_.  
a bitter      b hot      c dry
- 2 The bread is \_\_\_\_, so we can't eat it anymore.  
a fresh      b hard      c delicious
- 3 Curry is often very \_\_\_\_.  
a bitter      b hard      c hot
- 4 I made a cake, but it was \_\_\_\_, so it didn't taste good.  
a fresh      b tasty      c dry
- 5 Lemons taste \_\_\_\_.  
a sour      b sweet      c rich
- 6 The pineapple was very \_\_\_\_.  
a rich      b sweet      c sour
- 7 Don't add too many chillies or the dish will be very \_\_\_\_.  
a rich      b spicy      c delicious
- 8 I can't finish this chocolate ice cream. The flavour is too \_\_\_\_ for me.  
a delicious      b sour      c rich

## GRAMMAR

### 4 Complete the sentences with the Present Perfect form of the verbs in brackets.

- 1 Don't worry, we \_\_\_\_\_ (not order/yet). Here's a menu.
- 2 \_\_\_\_\_ (you/ever/try) chilli chocolate?
- 3 Come in. We \_\_\_\_\_ (finish/just) eating.
- 4 I \_\_\_\_\_ (see/never) Tim so angry before.
- 5 \_\_\_\_\_ (it/stop/raining/yet)?
- 6 He \_\_\_\_\_ (won/just) a competition!

### 5 Complete the sentences with the Present Perfect or Past Simple form of the verbs in brackets.

- 1 I \_\_\_\_\_ (visit) Paris twice.
- 2 We \_\_\_\_\_ (not go) on holiday last year.
- 3 Everyone \_\_\_\_\_ (enjoy) the meal last night.
- 4 A new café \_\_\_\_\_ (just open) near school.
- 5 I \_\_\_\_\_ (write) an email to Max three days ago, but he \_\_\_\_\_ (not reply) yet.
- 6 I \_\_\_\_\_ (never/have) a pear smoothie, but I \_\_\_\_\_ (try) a coconut smoothie once.

## SELF-ASSESSMENT



Read the objectives for this unit. How well can you do them? Tick (✓) a face for each one.

| I can ...  | 😊                        | 😐                        | 😞                        |
|--|--------------------------|--------------------------|--------------------------|
| 3.1 talk about food and drink.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.2 use the Present Perfect to talk about experiences.                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.3 understand a magazine article about superfoods.                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.4 use the Present Perfect and Past Simple to talk about experiences. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.5 understand an account of a special cake.                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.6 order food in a café or restaurant.                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.7 write an email to a friend.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

If you tick 😞, go to the Extra Online Practice.