

39 Free time

Adverbs of frequency show how often you do something, from something you do very frequently ("always") to something you don't do at all ("never").

- New language** Adverbs of frequency
- Aa Vocabulary** Pastimes
- New skill** Talking about your free time



39.1 READ THE EMAIL AND ANSWER THE QUESTIONS

Angela wakes up at 6am.

True ☐ False ☒

- Angela sometimes has toast for breakfast. True ☐ False ☐
- She always gets the bus. True ☐ False ☐
- She starts work at 9am. True ☐ False ☐
- Angela always has coffee at 11am. True ☐ False ☐
- She usually has lunch at 1pm. True ☐ False ☐
- She always finishes work at 5pm. True ☐ False ☐
- She always goes to bed before 11pm. True ☐ False ☐



To: Claude

Subject: My day

Hi Claude,
Let me tell you about my typical day. Well, I wake up at about 7am. I sometimes have some toast for breakfast. I often walk to work, but sometimes I get the bus. I start work at 9:30am. I work in an office with eight other people. We sometimes have coffee at 11am and I usually have lunch at 1pm. I often work until 7pm. After that I get the bus home. I always go to bed before 11pm.
Angela



39.2 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER

always Sundays. He plays on tennis

He always plays tennis on Sundays.

1 They theater. to sometimes the go

3 bed to always early. go You

4 shopping Jane on often Saturday. goes

2 running Mike work. goes never after

5 6pm. usually at dinner eat We





39.3 LISTEN TO THE AUDIO AND ANSWER THE QUESTIONS

How often does John go running?

- always ☐
usually ☒
sometimes ☐

1 How often does Chris get up early?

- never ☐
sometimes ☐
often ☐

2 How often does Shelley go swimming?

- never ☐
sometimes ☐
usually ☐

3 How often does Flo have tea in the morning?

- sometimes ☐
often ☐
always ☐

4 How often does Sylvester go to bed at 10pm?

- often ☐
usually ☐
always ☐

5 How often does Dominic play soccer?

- never ☐
usually ☐
always ☐

6 How often does David read a newspaper?

- sometimes ☐
often ☐
always ☐



39.4 SAY THE SENTENCES OUT LOUD, USING THE ADVERBS

I get up early. **[rarely]**

I rarely get up early.

1 Clara plays chess with her grandfather. **[never]**

2 Enzo eats chocolate ice cream. **[always]**

3 Paul goes fishing in the morning. **[sometimes]**

4 My parents drive to work. **[usually]**

5 Gill goes shopping with her mom. **[never]**

6 You go to the gym in the town. **[sometimes]**

7 Shelley watches TV in the evening. **[usually]**

8 My dog sleeps under the table. **[always]**

9 We play baseball in the summer. **[sometimes]**

10 Tim rides his horse on the weekend. **[usually]**