

Name: _____

Date: _____

Unit 2 Test Purposes

- Preview a newspaper article to find out its topic and main ideas (Reading Skill)
- Comprehend the main ideas and details in a reading passage (Reading Comprehension)
- Understand and use target vocabulary from the unit (pp. 30 and 37)
- Use the context to understand words (Vocabulary Skill)
- Include descriptive adjectives in a text to make it more interesting (Writing Skill)
- Use descriptive adjectives in the correct order (Grammar)
- Write a paragraph about your country's typical food and its ingredients (Writing)

I. Reading Skill: Previewing a text to have a general understanding of its topic and main ideas

A. Read the title and headings of an article about food and culture. The author has two main reasons for writing the article. Write them below.

- a. to compare typical European and Latin American food
- b. to describe the history of the potato in South America
- c. to show how a country's foods tell us about its culture
- d. to consider how food could be improved in poor countries
- e. to describe some examples of how food is connected to a region

1. ____

2. ____

Why Food Is the Best Way to Get to Know a Culture**Section I****Some Foods Are Connected to a Country's History**

If you study the typical food of a country carefully enough, you can discover a lot about its past. Some ingredients function as a cultural icon of the region where they are eaten. This is true of many plants, as well as animals of a particular region. For example, when we think of Ireland, the typical food we think of is the potato. The story of the potato in Ireland began in South America. The Spanish conquered the Incan empire in the 16th century in what is now Peru. They discovered the plant there and thought that it was an ideal food. The potato was easy to grow and full of energy, so they took it back to Europe with them. By the 1700s the potato had become very popular in Ireland because it was easy to grow in quite poor soil, which there is a lot of in Ireland. It also contains protein, vitamins and carbohydrates, and most importantly, it was easy to grow, cheap and very filling to eat. From 1780 to 1840, the Irish population doubled, from 4 million to 8 million, until a disease attacked the plant in 1845 and many people died as they couldn't get enough to eat.

Section II**Food Shows What a Nation Values and Its Way of Life**

Certain foods can also tell you what a whole culture thinks is important. "Hygge", the Danish word for "coziness and comfort" and "wellness and happiness" has its typical objects and behaviors, as well as foods. In the dark days of winter, it is especially heart-warming to cook something hot and delicious, to fight the cold. Some of these dishes include homemade sweets, such as muffins and chocolate cakes; as well as hot drinks, such as hot chocolate. "Hygge" is all about creating a warm atmosphere and enjoying the good things in life with your loved ones around you, and food is an important part of this lifestyle.

Section III**Food Often Tells You about the Local Climate, Animals and Plants**

Reading, Writing and Listening 3

Unit 2 Test A

There is a somewhat similar reason why you will only find dishes using, for example, iguana meat in Mexico and Central America: because the animal only lives in these areas. Dishes made from the fruit called "lapsi" can only be found in Nepal. The animals and plants that are available in a region determine the food that is prepared. In most cases these species actually only live in the territory where the dishes are prepared. They are easy and cheap to grow so often they may be found in many different dishes in the area at the same time.

Section IV

You Can Learn about a Country's Economic Situation from their Food

Certain ingredients are more expensive to produce than others. In developing countries, for example; people often eat less meat than in the West. Besides this, there are many other differences between what people consume in different countries that show how rich a country is. If you examine how much meat and protein a nation consumes in a day, or even just how much they eat in general, you get a clear idea of their financial position. In developed countries such as the US, a sign of poverty is not the quantity of food a person eats. Instead, the quality of the food gives more information about their social status.

Section V

Food Shows Local Problems and their Solutions

Life is difficult everywhere. But life is difficult in different ways across different regions and climates in the world. Local food often gives us some signs about the issues present in different countries. In Germany, for example, winters are very long and dark. In the past, no fresh fruit or vegetables were available for many months. People's immune systems can become weak if they don't get enough vitamin C, so a typical German food called "sauerkraut" (sour cabbage) helped them stay healthy. Another person living in another climate somewhere else will have very different problems though. The Inuit, living in extreme cold climates, must consume more fat than people living in a warm region. To get to know the difficulties of a nation, it is worth examining the food they eat to help overcome them.

1 point for each correct answer	
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II. Reading Comprehension

B. The reading passage has five sections I–V. Write the letter of a main idea next to the number of each section.

- 3. Section I: ____
- 4. Section II: ____
- 5. Section III: ____
- 6. Section IV: ____
- 7. Section V: ____

- a. Certain ingredients played an important role in a nation’s past.
- b. Food often tells us about the practical difficulties involved in living somewhere.
- c. The eating habits in a region show you its natural landscape.
- d. Sometimes an ingredient is adopted somewhere else as well.
- e. Some dishes show some key details of a group of people’s lives.
- f. Different countries can afford different eating habits.

1 point for each correct answer		5
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C. Write the number of the section where the answer can be found to questions 8–10.

- 8. What do people do to solve certain difficulties in their country with food?
Section: ____
- 9. What do dishes contain in different zones of the world?
Section: ____
- 10. How much does food cost in different countries?
Section: ____

1 point for each correct answer		3
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D. Read the text again. Write T (true) or F (false) next to the sentences below.

- 11. People only eat iguana meat in Mexico. ____
- 12. There is a typical German vegetable that grows in the dark. ____
- 13. The potato was originally grown on another continent before it arrived in Europe. ____
- 14. The amount of food people eat in a country shows their wealth. ____
- 15. “Hygge” is a symbol of “the good life” in Denmark. ____
- 16. The Irish population doubled after 1845. ____

1 point for each correct answer		6
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III. Vocabulary

A. Match each word with the correct definition.

- 17. method _____
- 18. status symbol _____
- 19. be willing to _____
- 20. identical _____
- 21. arrange _____

- a. something that you own which shows others that you are rich
- b. put some things in a certain order
- c. the way of doing something
- d. not be upset about doing something
- e. exactly the same as
- f. able to measure very small changes
- g. a group of things that are connected and work together
- h. in a way that shows the usual qualities or features of

1 point for each correct answer		5
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B. Complete the paragraph with the correct form of a word from the word bank.

artistic at risk balanced be willing to identify influence in terms of sensitive
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When I first travelled to Russia to discover their typical food, I didn't know what to expect exactly. I knew that their dishes often include cabbage, but I wasn't sure what else. However, I (22) _____ try some new dishes to see if I liked Russian flavors. I had heard that most Russian people eat a very (23) _____ diet, so I was looking forward to eating healthily. When I arrived at Anna's, she offered me some soup. I was tired and hungry but my stomach is very (24) _____, so I was afraid to eat it. I felt that if I didn't know what it contained, I should probably not accept it. Anna was so kind, however, that I couldn't refuse it. I sat down and started eating. I was surprised by how nice its taste was. I could immediately (25) _____ the vegetables in it. It had carrot, parsley roots, onion, celery and lots of garlic too. This calmed me down because I realized that I was not (26) _____ of getting sick.

1 point for each correct answer		5
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Reading, Writing and Listening 3

Unit 2 Test A

IV. Vocabulary Skill:

1 Using the context to understand words.

Check (✓) the word or phrase that is closest in meaning to each underlined word. Look at the context to help you.

27. Dark chocolate is full of nutrients that can positively affect your health.

- a. sugar b. ingredients c. caffeine

28. Parmesan cheese quickly loses its flavor when it is grated, so try to buy a whole piece.

- a. cut into very small pieces b. too old c. packed in plastic

29. Don't forget to stir the mushrooms often, or they won't cook well on all sides.

- a. mix b. clean c. cut

30. Yoghurt is produced by fermenting the milk with the help of useful bacteria.

- a. heating b. storing c. making it sour

31. Broccoli contains high levels of calcium, which prevents osteoporosis.

- a. a disease b. a vitamin c. a flavor

32. Sushi is a problematic food because it's made with raw fish, which can be dangerous.

- a. ocean b. uncooked c. not fresh

1 point for each correct answer		6
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2 Complete the sentences with the correct word or phrase. You do not need to use all the words.

a function of	account for	approximately	correlation	degree
enjoy	feature	illustrate	play a role	risk

1 I probably _____ good health because I am very careful with the foods I eat.

2 My favorite _____ of the apartment is the great light.

3 She eats mostly fruit and vegetables, which may _____ her healthy weight.

4 My energy level in the afternoon is _____ what I ate for lunch.

5 Can you _____ that idea with an example?

6 Diet can _____ in good mental health.

7 When you drive too fast, you have a greater _____ of an accident.

8 There are _____ twenty restaurants near the school.

1 point for each correct answer		8
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Reading, Writing and Listening 3

Unit 2 Test A

3. Read the sentences. Choose the answer that best matches the meaning of each bold word or phrase.

1 My father stopped using so much salt. This probably **accounts for** his lower blood pressure.

is a reason for

is a way of measuring

is a result of

2 The number of spices a culture uses is partly **a function of** the number of plants in the area.

a description of

a way of using

a result of

3 A 65-year-old woman in this country can expect to live to **approximately** the age of 85.

more than

about

only

4 You can judge people's **degree** of satisfaction with a dinner by how much they eat.

training

level

problem

5 My generation **enjoys** a much healthier diet than our parents or grandparents did.

has

hopes to have

claims to have

6 To **illustrate** his point, the professor displayed a graph with statistics relating to the increased consumption of olive oil in Saudi Arabia.

demonstrate

write

research

7 Garlic—a strong-smelling relative of the onion—is an important **feature** of Italian, Korean, and Chinese cooking.

benefit

characteristic

type

8 Some spices, such as salt, **play a role** in preserving food—that is, making the food last longer.

are involved in

are wrongly used for

are not very good for

9 Scientists are conducting research to determine if there is a **correlation** between eating smaller amounts of food and living longer.

disagreement

link

belief

10 People who eat too much of the spice nutmeg have a **risk** of feeling dizziness and stomach pains.

1 point for each correct answer

10

Reading, Writing and Listening 3

Unit 2 Test A

V. Writing Skill: Using descriptive adjectives

Read the model paragraph. Then, for each numbered noun, choose two of the descriptive adjectives from below and insert them into the text. Do not repeat the same adjective.

My Favorite Hungarian Restaurant

The best really traditional Hungarian restaurant that I have ever tried in New York is on the corner of 56th street and 3rd. It is called Budapest Goulash and it sells lots of (33) Hungarian dishes, (34) desserts and (35) wines. Don't miss this (36) Central European café if you're in New York!

common cozy delicious excellent exceptional famous fresh homemade light simple special sweet traditional

33. _____

34. _____

35. _____

36. _____

1 point for each correct answer		8
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VI. Grammar: Use and placement of adjectives

Put the adjectives in the correct order in the sentences below.

37. Patricia has a/an rectangular metal ugly trashcan.

38. Mary got a/an unusual Chinese purple mug for her birthday.

39. Charles gave me a/an wonderful glass antique jar.

40. Ricardo bought a/an new plastic interesting bottle opener.

41. Craig lost his little traditional lovely frying pan.

42. Todd wants to get a/an modern plastic funny salt shaker.

43. Daniel is going to buy a/an elegant ceramic white kettle.

44. Joshua showed me his Brazil unusual oval bowl.

45. Nicole is planning to replace her old boring American cookery book.

46. Christina found a/an pretty wooden little cutting board online.

1 point for each correct answer		10
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VI. Listening 1:

CATEGORIZE Read these statements. Select T (True) or F (False). Then correct each false statement to make it true.

- 1 T F Consuming a lot of salt is likely to lead to lower blood pressure.
- 2 T F Italians' life expectancy is more than a year longer than the life expectancy of people in the UK.
- 3 T F Fish is a much greater common part of the diet for people in Japan than in Iceland.
- 4 T F Olive oil is a major part of the diet in the Mediterranean countries, Japan, and Iceland.
- 5 T F In the United States, the consumption of broccoli has increased much more than the population has.
- 6 T F The fact that two things occur together means that one of them causes the other.

VI. Listening 2:

EVALUATE Read these statements. Decide if they are True (T) or False (F). Correct each false statement to make it true.

- 1 T F The traditional Icelandic diet is limited, and fish provides a lot of the protein for most Icelanders.
- 2 T F Iceland has one of the longest average lifespans in the world—84.1 years.
- 3 T F The Mediterranean diet probably leads to a much lower chance of living a long, healthy life.
- 4 T F Using seasonings other than salt is good because it increases your blood pressure.
- 5 T F The amount of broccoli consumed went up by about 300 percent in the US in 20 years.
- 6 T F Close ties to a community can lead to harmful stress.

Reading, Writing and Listening 3

Unit 2 Test A

VII. Writing

Write two paragraphs (about 100 words) about your country's typical food and its most common ingredients.

1 point for section VII		20
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Write a descriptive paragraph		Points (0-4)	
Discourse competence	The paragraphs clearly discuss one particular country's typical food and its ingredients.		/4
	The paragraphs are well organized and coherent.		/4
	The purpose of each sentence is clear (topic, supporting, concluding).		/4
Linguistic competence	The paragraph uses appropriate grammar to successfully complete the task.		/4
	The paragraph contains an appropriate range of vocabulary to describe food and ingredients.		/4