



# Cooking verbs



bake, boil, cook, fry, grill, roast, steam, stew,  
poach, brown

## 1. Insert the proper verb connected with cooking.

1. If you ..... food, you prepare it for eating by using heat.
2. If you ..... food, you cook it in hot water vapour.
3. If you ..... food, you cook it in boiling water.
4. If you ..... meat, you put it on a metal frame above direct heat or fire.
5. If you ..... food, you cook it in its own juice with a small amount of water.
6. If you .. ..... food, you cook it in an oven using dry heat.
7. If you ..... eggs, you cook them without their shells in a gently boiling water.
8. If you .. ..... meat, fish or vegetables you cook them in hot oil.
9. If you .. ..... food, you heat it to give it brownish or golden colour.
10. If you .. ..... meat, you cook it in an oven or over a fire until it's tender enough to eat.

## 2. Insert the proper adjective connected with food.

fresh, frozen, home-made, low-fat, raw, spicy, sweet, takeaway

1. Try to eat plenty of ..... fruit.
2. Most ..... yogurts are about 40 calories per 100g.
3. .... jam is usually better than the kinds you buy in the shops. You can use fresh or ..... fish. Chinese restaurants provide a ..... service.
4. Cabbage can be eaten .....
5. Honey is ....., but the bee stings.
6. It is served with a ..... marinara sauce.

