

**SAN JUAN NORTH SECONDARY SCHOOL**

**NAME:** \_\_\_\_\_

**LAB RULES WORK SHEET**

**Using the words provided below , complete the sentences**

**Seating, workbook, teacher, allowed , work , pass, permission, litter, proper place, manner, chairs.**

**At the start of the lesson, always remember to;**

- place your bags at the back of the lab, but do not block the door
- bring along your Textbook, \_\_\_\_\_ and stationery
- sit at your allocated \_\_\_\_\_
- greet \_\_\_\_\_

**During Lesson, you are**

- \_\_\_\_\_ purposefully and not misbehave
- not \_\_\_\_\_ to leave the classroom without permission
- obtain a \_\_\_\_\_ from the teacher if you need to leave the classroom
- not allowed to take or use any materials form Food lab without teacher's \_\_\_\_\_

**At the end of each lesson, always ensure that**

- all \_\_\_\_\_ are in an orderly manner
- \_\_\_\_\_ have been cleared
- all materials used have been returned to its \_\_\_\_\_
- thank teacher and leave the lab in an orderly \_\_\_\_\_

## **Practical Sessions**

For all practical sessions, you are expected to obey the 5 laws:

### **Complete the five laws:**

#### **1. Rights to \_\_\_\_\_**

- Put on apron at all times, remove only when you leave the lab.
- Nails are to be kept short and clean.
- Hair must be tidy.

#### **2. Rights to \_\_\_\_\_**

- Listen to teacher's instructions at all times.

#### **3. Rights to \_\_\_\_\_**

- Wash your hand before and after handling food.
- Do not sneeze or cough into food.
- Use separate chopping board when cutting raw and cooked food.
- Throw rubbish in the bin provided.
- Clear used towels into the provided basket .

#### **4. Rights to a \_\_\_\_\_ Environment**

- Use only what is required (ingredients/utensils). Do not remove excess ingredients from the lab.
- No eating is allowed unless for food tasting and sensory evaluation purposes.

#### **5. Rights to \_\_\_\_\_**

- No running in the lab at all times.
- Do not leave stove unattended during cooking.
- Switch of gas and electrical switches after each practical.

Report any accidents to the teacher, even if it is a minor one. If all of you play your part, everyone will have a wonderful & exciting time in the lab.

[Back to P](#)

## RULES FOR THE COSMETOLOGY LAB

### Complete the following Lab Rules

1. No \_\_\_\_\_ in the lab or classroom.



2. \_\_\_\_\_ the windows on entry into the class and \_\_\_\_\_ before exiting after class.



3. Be careful when handling \_\_\_\_\_ and equipment.



4. Everything has a place, please \_\_\_\_\_ items exactly where they are taken from.



5. Do not \_\_\_\_\_ or use any product, tool or equipment without permission.



6. Sanitize the \_\_\_\_\_ and lab before and after use.

