

SAN JUAN NORTH SECONDARY SCHOOL

NAME: _____

LAB RULES WORK SHEET

Using the words provided below, complete the sentences

Seating, workbook, teacher, allowed , work , pass, permission, litter, proper place, manner, chairs.

At the start of the lesson, always remember to;

- place your bags at the back of the lab, but do not block the door
- bring along your Textbook, _____ and stationery
- sit at your allocated _____
- greet _____

During Lesson, you are

- _____ purposefully and not misbehave
- not _____ to leave the classroom without permission
- obtain a _____ from the teacher if you need to leave the classroom
- not allowed to take or use any materials from Food lab without teacher's _____

At the end of each lesson, always ensure that

- all _____ are in an orderly manner
- _____ have been cleared
- all materials used have been returned to its _____
- thank teacher and leave the lab in an orderly _____

Practical Sessions

For all practical sessions, you are expected to obey the **5 laws**:

Complete the five laws:

1. Rights to _____

- Put on apron at all times, remove only when you leave the lab.
- Nails are to be kept short and clean.
- Hair must be tidy.

2. Rights to _____

- Listen to teacher's instructions at all times.

3. Rights to _____

- Wash your hand before and after handling food.
- Do not sneeze or cough into food.
- Use separate chopping board when cutting raw and cooked food.
- Throw rubbish in the bin provided.
- Clear used towels into the provided basket .

4. Rights to a _____ Environment

- Use only what is required (ingredients/utensils). Do not remove excess ingredients from the lab.
- No eating is allowed unless for food tasting and sensory evaluation purposes.

5. Rights to _____

- No running in the lab at all times.
- Do not leave stove unattended during cooking.
- Switch of gas and electrical switches after each practical.

Report any accidents to the teacher, even if it is a minor one. If all of you play your part, everyone will have a wonderful & exciting time in the lab.

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RULES FOR THE COSMETOLOGY LAB

Complete the following Lab Rules

1. No _____ in the lab or classroom.



2. _____ the windows on entry into the class and _____ before exiting after class.



3. Be careful when handling _____ and equipment.



4. Everything has a place, please _____ items exactly where they are taken from.



5. Do not _____ or use any product, tool or equipment without permission.



6. Sanitize the _____ and lab before and after use.

