

## UNIT 5

### Lesson 3

# Food and Drinks



## LESSON SUMMARY

### Vocabulary



Word	Meaning	Example
<b>chef</b> (n) /ʃef/	a skilled cook who works in a hotel or a restaurant	John's dream is to become a <b>chef</b> in a big restaurant.
<b>worm</b> (n) /wɜ:rm/	a long, thin animal with no bones and legs or the young of particular types of insect	Helen is frightened of the <b>worms</b> and insects.
<b>grill</b> (v) /grɪl/ → <b>grilled</b> (adj)	to cook food over fire or hot coals	Potatoes taste better when you <b>grill</b> them.
<b>taste</b> (v) /teɪst/ → <b>taste</b> (n)	to know the flavors of the food when you eat it	The chef is <b>tasting</b> the food in the kitchen.
<b>tasty</b> (adj) /'teɪsti/	(food) good and delicious	Curry is <b>tasty</b> , but it's very spicy to me.
<b>crunchy</b> (adj) /'krʌntʃi/	(food) to be hard and make a loud noise when you eat it	You are late. The fries are no longer <b>crunchy</b> .
<b>barbecue</b> (n) /'bɑ:rbɪkjʊ:/	a metal frame used for grilling food	Let's put all the shrimps on the <b>barbecue</b> .
<b>spice</b> (n) /spaɪs/ → <b>spicy</b> (adj)	powder or seed from plants used in cooking to give food stronger taste	Ginger is a common <b>spice</b> in Vietnam.
<b>fry</b> (v) /fraɪ/ → <b>fried</b> (adj)	to cook food in hot oil	My sister uses butter to <b>fry</b> rice. It smells really good.
<b>garlic</b> (n) /'gɑ:rlɪk/	a plant that has strong taste and smell, used in cooking	I can't eat any dish with <b>garlic</b> because I don't like its smell and taste.

### Writing

#### A food blog post



#### 1) FROGS FOR A SNACK?

2) Grilled frogs were originally from Cambodia. A long time ago, some Khmer people moved to An Giang, a province in the Mekong Delta. They started to sell the dish as a snack. 3) To make it, clean the frogs, then wash them carefully. Next, put them into a bowl and add salt, sugar and garlic. Then leave the bowl for fifteen minutes. After that, start to grill the frog with a barbecue. 4) The food tastes better with herbs and vegetables. 5) The dish might have different tastes. It can taste like grilled chicken or fish. They are all delicious. 6) The dish is popular throughout the area. It is a strong recommendation for true foodies.



- 1) Write an interesting title.
- 2) Tell where the dish comes from.
- 3) Tell what is in it and how to cook it.
- 4) Tell what can best go with it.
- 5) Tell how it might taste.
- 6) Tell why people should try it.



## PRACTICE



### Vocabulary

a. Complete the text using the words in the box.

chef    taste    barbecue    crunchy    grill

- Henry doesn't like boiled chicken, so let's \_\_\_\_\_ them.
- You can cook the fish on a \_\_\_\_\_ until they are brown.
- We use our eyes to see things and our tongue to \_\_\_\_\_ food.
- Kate likes \_\_\_\_\_ food, so she wants to fry these slices of toast.
- The restaurant downtown is very popular. The head \_\_\_\_\_ cooks delicious food.



b. Put the words in brackets in the correct forms.

- My niece loves eating \_\_\_\_\_ nuts like almonds and pumpkin seeds. (CRUNCH)
- \_\_\_\_\_ fish and chips are his favorite foods for lunch. (SPICE)
- My little brother really likes meatballs. They are \_\_\_\_\_. (TASTE)
- Leo: "Do you want a \_\_\_\_\_ cheese sandwich?" Mia: "Yes, please." (GRILL)
- She is selling \_\_\_\_\_ foods like rice balls and potato snacks. (FRY)

### Reading

#### Quang's Blog

WEEKLY



#### Would you like to try this type of egg?

**A** We eat eggs every day. There are many types of eggs to choose from and many ways to cook them, from frying to boiling. In Vietnam, however, there is an unusual type of egg known as the century egg or *trứng bắc thảo*. A century is equal to 100 years, but a century egg is not that old.

**B** A century egg is ready when it turns dark brown and has a strong, salty taste. The common way to make century eggs is to cover chicken eggs or duck eggs with clay, wood ash, and salt. Then, keep them there for two or three months.



**C** In Ho Chi Minh City, century eggs are very popular. It is easy to buy them at any egg stall in a market or from a department store. Mostly, people eat them as a side dish. You can also find people eating it with soup or boiled rice. Century eggs don't smell nice, so I'm not particularly eager to eat them. However, when I eat them more, I find them delicious. If you go to Ho Chi Minh City, remember to try century eggs with a bowl of hot soup.



a. Read the blog post about century eggs. Which paragraph mentions the following information?

- The time you need to make century eggs \_\_\_\_\_
- The places you can buy century eggs \_\_\_\_\_
- The color of century eggs \_\_\_\_\_
- Different ways to cook eggs \_\_\_\_\_
- The way people serve century eggs \_\_\_\_\_

**A** Paragraph A  
**B** Paragraph B  
**C** Paragraph C

**b. Read the post again. Circle the correct answers.**

- 6 What is another name for century egg?  
A trứng bắc thảo      B chicken egg      C duck egg      D 100 year egg
- 7 When is a century egg ready to eat?  
A When it has black color.      B When it tastes sweet.  
C When it turns grey.      D When it gets salty and dark brown.
- 8 How do people make century eggs?  
A They boil the eggs.      B They cover the eggs with clay.  
C They put salt inside the eggs.      D They keep the eggs in a dark place.
- 9 According to the post, where can we buy century eggs in Ho Chi Minh City?  
A only in some egg shops      B in any egg shop  
C in a food shop      D in a butcher shop
- 10 What do people eat century eggs with?  
A soup      B salt      C another side dish      D some vegetables

## Listening

**a. Listen and decide who tried each of the following dish. Put a tick (✓) or a cross (✗).**



- 1 durian
- 2 gỏi cuốn
- 3 xôi
- 4 cao lầu
- 5 bánh bèo

	Mai	Anna
1 durian		
2 gỏi cuốn		
3 xôi		
4 cao lầu		
5 bánh bèo		



**b. Listen again and complete each gap with ONE WORD.**



- 6 Vietnamese people call durian the \_\_\_\_\_ of fruit.
- 7 In Anna's country, durians are \_\_\_\_\_.
- 8 Mai thinks gỏi cuốn is the best \_\_\_\_\_ food.
- 9 Vietnamese people often eat xôi for \_\_\_\_\_.
- 10 Anna's \_\_\_\_\_ tried bánh bèo last night.



## Speaking

**Talk about a special dish you know. Answer the questions.**

- 1 Where is the dish from?
- 2 What is the name of the dish?
- 3 How do people cook it?
- 4 What do you eat it with?
- 5 What does it taste like?





## Writing

a. Complete the blog using the information in the box.



- ◆ **Where it's from:** China
- ◆ **Popular in:** Ho Chi Minh City
- ◆ **What are in it:** some body parts of a pig or cow
- ◆ **How people cook it:** wash with salt and hot water then boil with coconut milk and spices
- ◆ **How people serve it:** with bread or instant noodles
- ◆ **What it tastes like:** creamy stew and chewy offal

Huy's Blog

### CAN WE EVEN EAT OFFAL?

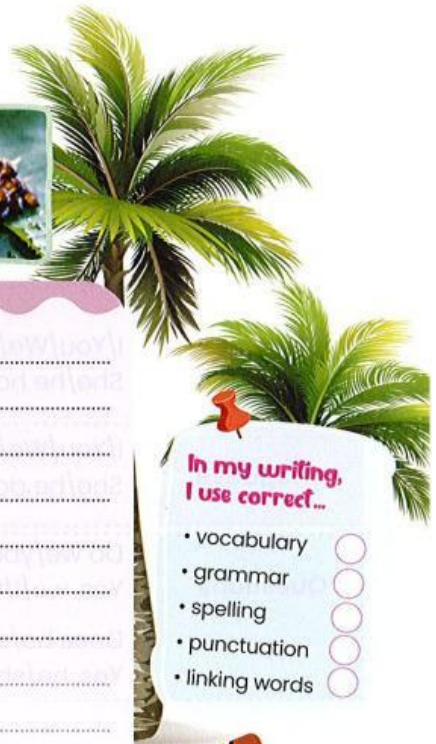
Offal stew or *phở lẩu* is a popular street food in 1) \_\_\_\_\_. This dish is of Chinese origin. It is made from the heart, stomach, lungs, or other 2) \_\_\_\_\_ of a pig or cow. People have to clean them carefully with salt and hot water. After that, they boil them in coconut milk and add different 3) \_\_\_\_\_. We can eat offal stew with bread or instant 4) \_\_\_\_\_ to enjoy its 5) \_\_\_\_\_ taste and chewy offal. Offal stew is my favorite street food. Don't be scared of what it looks like and try this delicious dish.



b. Write a food blog about the dish of coconut worms using the information in the box.  
Write 60–80 words or more.

#### Coconut worms

Where it is from	Bến Tre
What are in it	coconut worms
How to cook it	• wash them carefully • fry them
How people serve it	as a snack, eat with rice
How it tastes	delicious, sweet, healthy



#### Answer Key



• Vocabulary \_\_\_\_/20 pts.  
• Reading \_\_\_\_/20 pts.  
• Listening \_\_\_\_/20 pts.

• Speaking \_\_\_\_/10 pts.  
• Writing \_\_\_\_/30 pts.

★★★★★  
Total \_\_\_\_ / 100 pts.