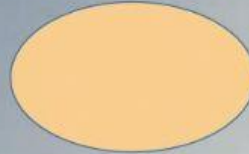
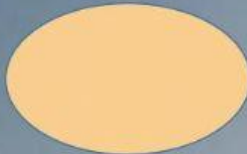


NAME :

CLASS :

DATE :

1. Classify the activities according to three different rates of breathing.



2. State the relationship between the types of activities and the rate of breathing.

The _____ active the activity, the _____ the rate of breathing.

3. Write one disadvantage for an unhealthy person to do an active activity
