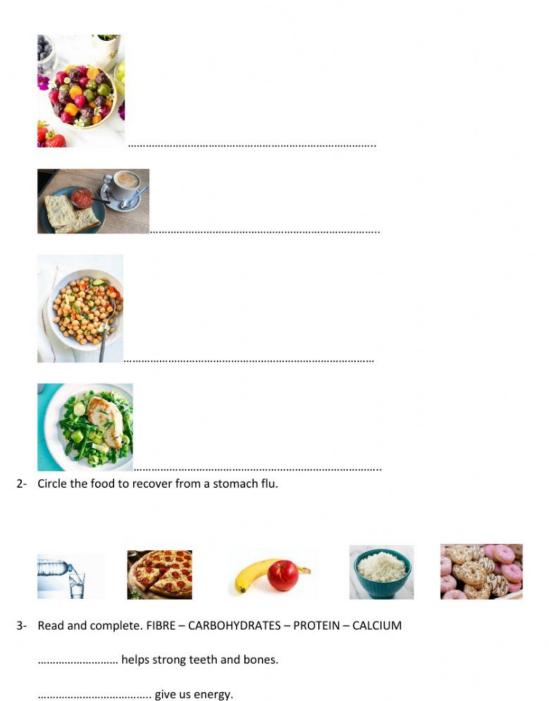
## **REPASO NATURAL UNIT 3 LET'S EAT**

1- In what meal do you eat these dishes? BREAKFAST - LUNCH - SNACK - DINNER



...... helps the food circulate through the digestive system.

..... helps our body to grow.



| 4-   | - Where do they come from? Animals or plants?  Milk come from  Fruit come from |              | Tomatoes come from  Meat come from |                |  |  |
|--|--|--------------|------------------------------------|----------------|--|--|
|  |  |              |                                    |                |  |  |
|  |  |              |                                    |                |  |  |
|  | Cheese come from   |              | Vegetables come from               |                |  |  |
| 5-   | Read and match.  • Grains, potatoes and legumes.  • Vegetables and fruits.     |              | Proteins  Carbohydrates            |                |  |  |
|  | Milk and dairy.  |              |                                    | Vitamins/Fibre |  |  |
| <ul> <li>Meat, fish and eggs.</li> </ul>                         |  |              | Calcium                            |                |  |  |
| 6-   | Where do you store these   | e food?      |                                    |                |  |  |
| Yogurt – Cookies – Meat – Vegetables - Ice-cream – Pasta - Milk. |  |              |                                    |                |  |  |
|  |  |              |                                    |                |  |  |
| IN A   | A DRY PLACE  | IN THE FRIDO | GE .                               | IN THE FREEZER |  |  |
|  |  |              |                                    |                |  |  |
|  |  |              |                                    |                |  |  |
|  |  |              |                                    |                |  |  |

