Choose :

1. Fiber is very important in (healthy – unhealthy – bad) diet.
2. We should (eat – eats – eating) lots of vegetables.
3. Vitamins make us (weak – strong – sick).
4. There are lots of (eyes – spoons – vitamins) in fruit.
5. Plants get water from the (soil – tool – oil).
6. Water helps us to get ride of (toxin – blood – bones).
7. We need protein to make our bodies (strong – small – fat).
8. It's important to get a(piece – balance –cup) of the right kind of food .
9. Vitamins are (bad – good – hot) for all parts of the body.
10. (Sugar – Milk – Fruit) is bad for our teeth.

LIVEWORKSHEETS