

Choose :

1. Fiber is very important in ( healthy – unhealthy – bad ) diet.
2. We should ( eat – eats – eating ) lots of vegetables.
3. Vitamins make us ( weak – strong – sick).
4. There are lots of ( eyes – spoons – vitamins ) in fruit.
5. Plants get water from the ( soil – tool – oil ).
6. Water helps us to get ride of ( toxin – blood – bones ).
7. We need protein to make our bodies ( strong – small – fat ).
8. It's important to get a(piece – balance –cup) of the right kind of food .
9. Vitamins are ( bad – good – hot ) for all parts of the body.
10. ( Sugar – Milk – Fruit ) is bad                   <img alt="blue smiley face icon" data-bbox="10670 335