

Unit 1: A long and healthy life

I. Pronunciation

1. Decide if the auxiliary verbs in the recording are in strong form or weak form.

1. does		strong form	weak form
2. can		strong form	weak form
3. were		strong form	weak form
4. was		strong form	weak form

2. Choose the common pronunciation of the underlined auxiliary verbs.

Mark: (1) <u>Do</u> you exercise regularly, Nam?	A. /du:/	B. /də/
Nam: Yes, I (2) <u>do</u> .	A. /du:/	B. /də/
Mai: (3) <u>Does</u> she have a balanced diet?	A. /dɪz/	B. /dɪz/
Phong: Yes, she (4) <u>does</u> .	A. /dɪz/	B. /dɪz/
Doctor: (5) <u>Have</u> you taken antibiotics recently?	A. /hæv/	B. /hæv/
Mark: Yes, I (6) <u>have</u> .	A. /hæv/	B. /hæv/

II. Vocabulary

1. Drag the words to the correct pictures

nutrients strength	tuberculosis life expectancy	vaccine muscles
		
		

2. Complete the sentences using the words in the box. You can use each word ONCE only.

bacteria suffer examined treatments energy viruses fitness

1. Researchers continue to develop new _____ for cancer.
2. My sister likes to do a lot of things and is always full of _____.
3. Seasonal vaccines are used to protect against different flu _____.
4. Many young people _____ from mental health problems.
5. Have you been _____ by the doctor yet?
6. There are many helpful _____ living in our body.
7. Swimming is a great way to improve your overall health and _____.

III. Grammar

1. Choose the best answers to complete the sentences

1. Many of the diseases that can be cured today _____ likely to cause death in the past.
2. My father _____ late at work this month. He feels exhausted.
3. My father _____ late at work last month. He felt exhausted.
4. The doctors have discussed his treatment _____ hours, but haven't made a final decision.
5. Life expectancy _____ greatly over the past 200 years.
6. I have received treatment for my health problem _____.
7. I haven't heard from him _____. Is he getting better?.



2. Complete the sentences using the correct forms of the verbs in brackets.

1. _____ scientists (discover) _____ a new cancer drug yet?
2. They (not find) _____ a cure for cancer yet.
3. After he (take) _____ antibiotics for five days, his sore throat (get) _____ better.
4. Nam (build) _____ muscles since he (start) _____ working out at the gym. He looks really fit now.
5. I (buy) _____ all the ingredients. Can you help me cook the dish now?
6. The virus (spread) _____ very quickly in the last few weeks, and we need to control it now.

WELL DONE!