

## Food in English speaking countries

### FOOD vs. MEAL vs. DISH

\_\_\_\_\_ has multiple meanings in English, but it can mean type of food, or food prepared and cooked in a particular way.

\_\_\_\_\_ is a general word that refers to anything you can eat.

\_\_\_\_\_ is an occasion, or time when you eat. The most common are breakfast, lunch and dinner.

### Fill in the sentences with words *food*, *meal* or *dish*.

1. Every Sunday, my family gathers for a big home-cooked \_\_\_\_\_.
2. For dinner, we decided to try a new \_\_\_\_\_ at the Italian restaurant.
3. The chef recommended their signature seafood \_\_\_\_\_ for lunch.
4. In the morning, I like to start my day with a healthy and nutritious \_\_\_\_\_.
5. The potluck was a huge success, with everyone bringing a different \_\_\_\_\_ to share.
6. In many cultures, sharing good \_\_\_\_\_ is a way to strengthen social bonds and create lasting memories.
7. The farmers' market is a great place to find fresh produce and unique \_\_\_\_\_ options, especially on weekends.
8. When I'm in a hurry, I often grab a quick and simple \_\_\_\_\_ on the go.
9. Thanksgiving is a time for families to come together and enjoy a festive \_\_\_\_\_.
10. The chef prepared a mouthwatering vegetarian \_\_\_\_\_ for the guests.

### Pick what country is famous for the dish and then match them with their definitions.

**poutine**

large, white, wood-eating larvae of several moths

**chicken tikka masala**

meringue-based dessert named after a Russian ballerina

**vegemite**

French fries and cheese curds topped with a brown gravy

**pavlova**

method of cooking food using heated rocks buried in a pit oven

**hāngī**

dish consisting of roasted marinated chicken chunks in a spiced sauce

**witchetty grub**

thick, dark brown food spread made from leftover brewers' yeast extract with various vegetable and spice additives





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### Traditional dishes

The full **English breakfast** includes f\_\_\_\_ e\_\_\_\_, b\_\_\_\_, b\_\_\_\_, t\_\_\_\_, m\_\_\_\_, s\_\_\_\_, b\_\_\_\_, p\_\_\_\_, t\_\_\_\_



**Thanksgiving dinner** is a traditional dish eaten on the \_\_\_\_\_ of November in the USA and the \_\_\_\_\_ in October in Canada. Thanksgiving food is fairly similar across Canada and the US, with just a few small regional differences. Instead of turkey, Canadians might serve ham and tourtiere, a pastry pie filled with potatoes. For dessert, Ontarian locals usually go for butter tarts, while people in the Canadian Prairie love their apple pie, instead of pumpkin pie. And if you are serving pumpkin pie in Canada, it's likely made with more \_\_\_\_\_ (muškátový oříšek), ginger, cloves and cinnamon than the US version.





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**Christmas lunches in New Zealand and Australia** commonly include hot meat, with lamb and ham being the most popular, \_\_\_\_\_ (kořenovou zeleninu) such as potato and kūmara (sweet potato), and a variety of salads. As appropriate for the often warm summer temperatures of the day, it has become popular \_\_\_\_\_ (podávat) cold meats and seafood. Pavlovas or Christmas trifles are served as dessert.

In the UK a **Christmas dinner** traditionally includes roasted turkey, stuffing, gravy, pigs in blankets, bread sauce, \_\_\_\_\_ (marmeláda z červeného rybízu), roast potatoes; vegetables (particularly Brussels sprouts, broccoli, carrots and parsnips). The basic American Christmas dinner is British in origin: roasted root vegetables as a side dish, mashed potatoes, gravy, and the centrepiece being a stuffed roasted fowl.



**Christmas pudding** is sweet, dried-fruit pudding traditionally served as part of Christmas dinner in Britain and other countries to which the tradition has been exported. By the 1920s, a \_\_\_\_\_ (zvyk) was established that everyone in the household, or at least every child (and sometimes the servants), gave the mixture a stir and made a wish while doing so. It was common practice to include small silver coins in the pudding mixture, which could be kept by the person whose serving included them. The usual choice was a silver threepence or a sixpence. The coin was believed to bring \_\_\_\_\_ (bohatství) in the coming year to whomever found it in their serving.

**Milk and cookies** are left for Santa Claus as a way of expressing \_\_\_\_\_ (vděčnost) and appreciation for the gifts he would bring.

Fill in the crossword with names of franchises.

1. the world's largest fast food restaurant chain
2. Australian fast food franchise of the Burger King Corporation
3. Canada's most popular coffee chain
4. UK-based multinational pizza restaurant chain
5. an American fast food restaurant chain

