

Complete each sentence with the word in brackets or its opposite.

השלימו כל משפט במילה שבסוגריים או בהיפך שלה.
אִכְלוּ כָּל צִמְתָּה בַּלְמָה הַיְסוּדִים אוּ בְהִיפֶךְ שֶׁלָּהּ.

1. It's ... for babies to drink milk. (important)
2. No one likes John. He's very (popular)
3. Watching too much TV is (healthy)
4. I'm ... because my best friend and I aren't in the same class. (happy)
5. I woke up late and forgot my books. Today is my ... day. (lucky)

What Do You Remember?

New Words

accept
bored
can't wait
disappointed
exercise
feel good
get enough sleep
have a good / bad time
have fun
healthy

Do the following exercises in your notebook.

A Find words in the word list that mean the opposite of the words below.

מִצְאֻ מִיָּלִים מִן הַרְשִׁימָה שֶׁמִּשְׁמָעוֹתָן
הַיְסוּךְ מִן הַמִּיָּלִים שֶׁלִּמְסָה.
גִּדְּדוּ כְּלָמָת מִן הַצִּמְתָּה מַעֲתָהָ עֵקֶס
מַעֲנֵי הַכְּלָמָת אֲדָנָהּ.

1. happy
2. sick
3. have fun
4. brave

B Make as many word pairs and phrases as you can.

הַרְבֵּה רַחֵם וְשׁוֹמֵר צִמְתָּה וְהִמְנִיחֵם

וּלְעִבָּרָת.

meet friends
miss you
school subject
spend money
spend time
summer vacation
surprised
think positively
tired
twice a week
worry

eat meet
get make
spend have

friends healthy food
money time
a good time enough sleep

C Complete at least three of these sentences about yourself.

הַשְׁלִימוּ לַפְחוֹת שְׁלוֹשָׁה מִן הַמִּשְׁפָּטִים הַבָּאִים עַל
עֲצֻמְכֶם.
אִכְלוּ תְּלָת צִמְתָּה מִן הַצִּמְתָּה הַתְּלָתִית.
עַל הָאִתָּל, עַן אֲנִפְסְכֶם.

1. When I go to sleep late, I am
2. I am ... when I get a bad grade.
3. I am ... when I get a present.
4. I stay home from school when I am

Let's Remember

afraid
angry
excited

D Translate the sentences into your language.

תַּרְגְּמוּ אֶת הַמִּשְׁפָּטִים לְשִׁפְתְּכֶם.
תַּרְגְּמוּ הַצִּמְתָּה לְלִפְתְּכֶם.

1. I meet my friends at school.
2. I talk a lot when I am excited.
3. Teenagers don't get enough sleep.
4. We eat unhealthy food.
5. I can't wait to see you.

happy
sad
sick

1 DON'T WORRY, BE HAPPY!

- D I. Write how the people feel. Use the words below.

כתבו איך מרגישים האנשים. השתמשו במילים שלמטה.
אכתבו מאי משהו האנשים. השתמשו במילים שלמטה.

tired ■ bored ■ happy ■ surprised ■ afraid ■ sad ■ excited ■ angry



How does she feel when she sees a spider?

afraid



How does she feel when she gets a present?



How does he feel when he watches TV all day?



How does she feel when she goes to bed late?



How does he feel when he gets a lot of homework?



How does she feel when she wins a race?

2. Write three sentences about how you feel. Use the pictures above and the chart below to help you.

כתבו שלשה משפטים על איך שאתם מרגישים, היעזרו בתמונות שלמעלה ובטבלה שלמטה.
אכתבו שלוש משפטים על איך שאתם מרגישים. השתמשו בתמונות שלמעלה ובטבלה שלמטה.

I am	tired bored happy surprised afraid sad excited angry	when	I win a race. I watch TV all day. I see a spider. the teacher gives us a lot of homework. I get a present. I go to bed late.
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I am afraid when I see a spider.

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