

Illnesses and injuries

VOCABULARY BANK

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

- 1 a **cough** /kɒf/
- 2 a **headache** /'hedeɪk/ (backache, earache, stomach ache, toothache)

- 3 a **rash** /ræʃ/
- 4 a **temperature** /'temprətʃə/
- 5 **sunburn** /'sʌnbɜːn/

- 6 She's **being sick**. / She's **vomiting**. /'vɒmɪtɪŋ/

- 7 She's **sneezing**. /'snɪ:zɪŋ/

- 8 Her **ankle's swollen**. /'swəələn/

- 9 Her back **hurts**. /həts/ / Her back **aches**. /eɪks/

- 10 Her finger's **bleeding**. /'bli:dɪŋ/

b ① 2.1 Listen and check.



c Match the illnesses and conditions with their cause or symptoms.

- 1 B He has a **sore throat**. /sɔː 'θrəʊt/
- 2 C He has **diarrhoea**. /daiə'riə/
- 3 D He **feels sick**. /fɪlz 'sɪk/
- 4 E He's **fainted**. /'feɪntɪd/
- 5 F He has a **blister** on his foot. /'blɪstə/
- 6 G He has a **cold**. /s 'kəʊld/
- 7 H He has **flu**. /flu:/
- 8 I He feels **dizzy**. /'dizi/
- 9 J He's **cut himself**. /'kʌt hɪmself/

- A He has a temperature and he aches all over.
- B It hurts when he talks or swallows food.
- C It's so hot in the room that he's lost consciousness.
- D He's been to the toilet five times this morning.
- E He feels that he's going to vomit.
- F He's sneezing a lot and he has a cough.
- G He feels that everything is spinning round.
- H He's been walking in uncomfortable shoes.
- I He's bleeding.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

- 1 C He's **unconscious**. /ʌn'kɒnʃəs/
- 2 D He's had an **allergic reaction**. /ə'lɜːdʒɪk rɪ'ækʃn/
- 3 E He's **sprained** his ankle. /spreɪnd/
- 4 F He has **high (low) blood pressure**. /'bləd prəfəsə/
- 5 G He has **food poisoning**. /fuːd pəʊzənɪŋ/
- 6 H He's **choking**. /'tʃoʊkɪŋ/
- 7 I He's **burnt** his hand. /bɜːnt/

- A He spilt some boiling water on himself.
- B He fell badly and now it's swollen.
- C He's breathing, but his eyes are closed and he can't hear or feel anything.
- D It's 180 over 140 (or 18 over 14).
- E He ate some prawns that were off.
- F He was eating a steak and a piece got stuck in his throat.
- G He was stung by a wasp and now he has a rash and has difficulty breathing.

Common treatments for...

- a **cut** minor: put a plaster on it (AmE band aid) and antiseptic cream, major: have stitches
- headaches** take **painkillers**
- an infection** take **antibiotics**
- a sprained ankle** put ice on it and **bandage** it
- an allergic reaction** take **antihistamine tablets / pills** or use cream

b ① 2.3 Listen and check.

ACTIVATION Cover the illnesses, injuries, and conditions in **1a/c** (1–9) and **2a** (1–7). Look at the pictures, or causes and symptoms, and say the sentences.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you. After two hours queuing in the sun, I **passed out**, and when I **came round** I was lying on the floor. It often takes a long time to **get over** flu. A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

- 1 **faint**
- 2 **put your body in a horizontal position**
- 3 **vomit, be sick**
- 4 **get better / recover from sth**
- 5 **become conscious again**