

# Spectator sports

Yankee Stadium is one of the most famous sporting arenas in the world, but not many people outside the United States

<sup>1</sup>\_\_\_ that the structure they see now is not the original stadium. Home to the New York Yankees baseball team, the original Yankee Stadium was <sup>2</sup>\_\_\_ in 1923 in



the Bronx, in the north of New York City. Over 70,000 people packed into the stadium to <sup>3</sup>\_\_\_ the first game the Yankees played <sup>4</sup>\_\_\_ the Boston Red Sox. But in 2006, with the aging stadium becoming more and <sup>5</sup>\_\_\_ expensive to run, it was announced that the Yankees would build a new stadium just one block away. The new stadium <sup>6</sup>\_\_\_ three years to build and cost over two billion US dollars, making it more <sup>7</sup>\_\_\_ than almost any other stadium in the world. As well as being a baseball <sup>8</sup>\_\_\_, the stadium is also the home of the New York City FC soccer team, and it hosts other events as well. Interestingly, the new stadium is bigger in size <sup>9</sup>\_\_\_ the original, but it isn't as big in terms of capacity, meaning that <sup>10</sup>\_\_\_ New Yorkers can watch their beloved Yankees play ball.

- |    |           |           |            |             |
|----|-----------|-----------|------------|-------------|
| 1  | A see     | B know    | C say      | D think     |
| 2  | A made    | B done    | C put      | D built     |
| 3  | A watch   | B view    | C look     | D observe   |
| 4  | A between | B against | C among    | D from      |
| 5  | A most    | B less    | C more     | D enough    |
| 6  | A used    | B spent   | C took     | D made      |
| 7  | A rich    | B wealthy | C valuable | D expensive |
| 8  | A venue   | B court   | C rink     | D course    |
| 9  | A than    | B of      | C from     | D to        |
| 10 | A smaller | B lesser  | C lower    | D few       |



# Fitness fads

Why do more men than women do sports and exercise? Sport England, an organization <sup>1</sup>\_\_\_ encourages people to be more active, has suggested that women don't like doing sport as <sup>2</sup>\_\_\_ as men because they are focused on how their bodies <sup>3</sup>\_\_\_ while exercising. Twenty-five per cent of all women said they <sup>4</sup>\_\_\_ their bodies look unattractive when doing sport. Interestingly, three in four of the same women also added they <sup>5</sup>\_\_\_ to do more exercise.

In an effort to change this trend, Sport England launched <sup>6</sup>\_\_\_ advertising campaign called 'This Girl Can'. They created a series of TV ads showing women exercising and playing sports. The women in the ads are average people, and are <sup>7</sup>\_\_\_ sweating and muddy rather than perfectly made up like models. The campaign has had an amazing effect. Media analysts claim that 2.8 million women <sup>8</sup>\_\_\_ taken part in sport or exercise as a result of the adverts. The next step is not only to get more women exercising, <sup>9</sup>\_\_\_ also to change the attitudes that lead to the desire to look perfect in every situation.

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|---|---------------|--------------|-----------|------------------|
| 1 | A who         | B that       | C what    | D where          |
| 2 | A more        | B least      | C much    | D many           |
| 3 | A are looking | B looked     | C looking | D look           |
| 4 | A believing   | B to believe | C believe | D were believing |
| 5 | A had liked   | B would like | C liked   | D will like      |
| 6 | A a           | B the        | C an      | D one            |
| 7 | A shown       | B showing    | C showed  | D to show        |
| 8 | A are         | B have       | C were    | D did            |
| 9 | A and         | B while      | C though  | D but            |

# Diet and exercise

So you think you need to go <sup>1</sup>\_\_\_ a diet? Are you really sure that's the best way to lose weight and get fit? Very often what you eat <sup>2</sup>\_\_\_ out to be the least important factor, especially if you want the results to last. One question to ask yourself is whether <sup>3</sup>\_\_\_ exercise routine is regular. Spending several hours at a gym three days <sup>4</sup>\_\_\_ a row and then doing nothing for two weeks is a bad idea. Getting one hour of exercise <sup>5</sup>\_\_\_ other day is far more effective. Your body has <sup>6</sup>\_\_\_ own way of adjusting to the exercise routine, and you will experience less fatigue and <sup>7</sup>\_\_\_ injuries with a regular workout schedule. Also, if you're one of those people who eat a huge breakfast and then nothing until the evening, <sup>8</sup>\_\_\_ eating more often, and remember to make your meals as healthy as possible. Finally, don't <sup>9</sup>\_\_\_ an exercise or diet routine just because it's fashionable. It's your body, after all, and by <sup>10</sup>\_\_\_ attention to how it responds you can find the most effective plan for you.

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|----|----------|-----------|------------|------------|
| 1  | A at     | B for     | C in       | D on       |
| 2  | A comes  | B turns   | C does     | D makes    |
| 3  | A your   | B mine    | C its      | D his      |
| 4  | A at     | B of      | C in       | D for      |
| 5  | A every  | B each    | C some     | D one      |
| 6  | A his    | B its     | C her      | D your     |
| 7  | A less   | B the few | C fewer    | D the less |
| 8  | A take   | B go      | C put      | D try      |
| 9  | A take   | B follow  | C make     | D lead     |
| 10 | A paying | B doing   | C spending | D having   |