

ILSW 7 – UNIT 4: COMMUNITY SERVICES



LISTENING

Task 1: Listen and complete the text. (Track 05)

VOLUNTEERING IS GOOD FOR YOUR MIND AND BODY

Volunteering provides many (1) to both mental and (2) health.

Volunteering combats (3) Volunteering keeps you in regular contact with others and helps you develop a solid support system, which (4) you against depression.

Volunteering makes you happy. By measuring hormones and (5) activity, researchers have discovered that being (6) to others delivers immense pleasure. Human beings are hard-wired to give to others. The more we give, the happier we feel.

Volunteering increases (7)..... . You are doing good things for others and the community, which provides a natural sense of accomplishment. Your (8) as a volunteer can also give you a sense of (9) and identity. And the better you feel about yourself, the more likely you are to have a (10) view of your life and future goals.

Task 2: Listen to the passage and decided if the statements are True (T) or False (F)

1. Sheila is a member of Sunflower club. _____
2. They are helping homeless people and disadvantaged and handicapped children. _____
3. They playing game, cooking meals and teaching children to paint. _____
4. The most challenging thing about doing volunteer work is finding a way to fit into the children. _____
5. She likes helping children very much. _____



SPEAKING

Task 1. Match the questions and answers. Then practice.

1. What is community service?	1-	a. Because they like doing something useful and helping others.
2. What can we do to help homeless people?	2-	b. Yes. it makes a better life and improves the society
3. What are the benefits of volunteering?	3-	c. Because volunteering teaches me a lot.
4. Have you ever done any volunteer work?	4-	d. Yes, I've been a volunteer teacher for Street Child Organization.
5. Why would you enjoy volunteering?	5-	e. It helps you stay healthy, increases self-confidence, and makes you happy.
6. Why do you think people volunteer?	6-	f. We can donate money or clothes via charitable organizations
7. Do you think the community service makes a difference?	7-	g. It's voluntary work that someone does to help their community.
8. Why should we donate to UNICEF?	8-	h. Because it will help make a difference to millions of children's lives

Task 2. Tell your partner about one of the volunteer work you have done.

- 1-What was it?
- 2-When/where did you do it?
- 3-What did you do?
- 4-Who did you do it with?
- 5-What did you think about the work?
- 6- How many volunteers are needed?
- 7- What qualities do the volunteers need to have?

