

1. During a point, it is ILLEGAL to:
A. Tip the ball over the net B. Touch the net C. Volley the ball D. Spike the ball
2. Overhand and underhand are the only types of serves that a player can use in indoor volleyball.
A. True B. False
3. In volleyball this occurs when one or more players at the net reach higher than the top of the net and deflect the ball coming from the opponent.
A. dig B. set C. block D. bump
4. In volleyball the server may serve from anywhere behind the _____ line.
A. far B. attack C. center D. end
5. A player may make contact with the ball, when blocking, before the ball crosses the net.
A. True B. False
6. Another name for an attack.
A. slam B. slide C. slip D. spike
7. In volleyball this is a player who is positioned in the front zone, between the attack line and the net, before the serve is served.
A. back row B. middle row C. front row D. outside row
8. The serving team rotates _____.
A. Clockwise B. Counter-clockwise C. Randomly
9. In volleyball this is a hard hit aimed into the opponent's court.
A. dig B. set C. attack (spike) D. block
10. Volleyball is only to be played indoors on a hardwood floor with each having exactly six players each.
A. True B. False
11. In a legal game, the server may serve on the court from inside the end line if he has trouble hitting over the net.
A. True B. False
12. What is the recommended number of steps in your approach when attacking the volleyball?
A. 1 B. 2 C. 3 D. as many as you can
13. The ball can be contacted 2 times before returning over the net.
A. True B. False
14. In volleyball this is the contact that sets up the spike.
A. dig B. set C. block D. tip
15. When does a team rotate?
A. When you win the serve B. At the end of the game C. When you hit it out

16. If the volleyball, while in play, hits the ceiling but remains on the same team's side that team can
- A. hit the ball over as long as the same player hits it
 - B. do nothing because the ball is out of play
 - C. play the ball as regular as long as they have hits left
 - D. take cover because you never know what is in the ceiling
17. What is the official court size?
- A. 50" x 2"
 - B. 30' x 60'
 - C. 10' x 20"
 - D. 2' x 4'
18. Which one of the following results in a fault?
- A. Blocking a spike
 - B. The ball landing inside the lines
 - C. The ball being played off the net
 - D. Holding the ball
19. In volleyball the _____ scoring system is used for scoring a game.
- A. rally
 - B. traditional
 - C. free
 - D. instant
20. In volleyball each game must be won by at least _____ points.
- A. 2
 - B. 4
 - C. 6
 - D. 8