

# Healthy life.

## Quiz. Grade 6.

השלימו משפטים עם המילים החסרות:



1. You need to eat three \_\_\_\_\_ a day.
2. Do you have any water? I'm so\_\_\_\_\_.
3. To go to bed at the same time is a good \_\_\_\_\_.
4. You got a lot of points on the quiz. \_\_\_\_\_.
5. You should do a lot of sports to be \_\_\_\_\_.
6. I like to have picnics with my family on the \_\_\_\_\_.
7. You eat a lot of chocolates, you must \_\_\_\_\_ your habits.
8. You \_\_\_\_\_ sleep 8-9 hours at night.
9. You should do \_\_\_\_\_ sports to have energy.
10. You have 100 \_\_\_\_\_ in the test.
11. You \_\_\_\_\_ walk or ride to school every day.
12. You don't feel well, eat \_\_\_\_\_ and don't play a lot on the computer.

Word list: **מילים**

More, should, must, better.



POINT



**Answer the questions:**

1. How many hours a day do you sleep? \_\_\_\_\_.
2. Do you eat healthy food? \_\_\_\_\_.
3. How many meals a day do you eat? \_\_\_\_\_.
4. Do you do sport every day? \_\_\_\_\_.
5. Is your life healthy or unhealthy? Why? \_\_\_\_\_  
\_\_\_\_\_.

**Good luck!!!**