

Name \_\_\_\_\_

Date \_\_\_\_\_

### Reading Assessment CLB 4/5 - Comprehending Instructions

Directions: Read the text below and answer the questions.

CLB 4



#### Treating Minor Burns (or Treating First Degree Burns)

Taking care of a minor burn involves four steps: stopping the burning, cooling the burned area, protecting the burn, and treating the pain.

##### Stopping and Cooling the Burned Area

First, move the person away from the heat that is causing the burn such as a stove top. Next, carefully take off any clothes that are burned. If their clothes are stuck to the skin, gently cut or tear the clothing around it. Then take off any belts, jewellery, or tight clothes if they are near the burn because burns can swell quickly.

To cool the burn, hold the burned area under cool, running water until the pain is gone. Or cover the burned area with cool water in a bowl until the pain is gone.

##### Protecting the Burn and Treating the Pain

You should cover the burn with a sterile or clean pad. **Do not** put a bandaid on it. Band-aids can stick to the skin and that will increase the risk of infection. **Do not** put butter or ointments on the burn because they can also cause infections.

Finally, if the person is uncomfortable, give them Tylenol or Advil. If you see any signs of infection, or if the pain gets worse, see a health professional right away.

1. Read the second paragraph again. What is the second instruction? (2 pts)

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2. What are 2 transition words that you see in the second paragraph? (1 pt)

a. \_\_\_\_\_ b. \_\_\_\_\_

3. What are 2 prepositions that you see in the second paragraph? (1 pt)

a. \_\_\_\_\_ b. \_\_\_\_\_

4. What things should you take off the person if they are near the burn? (1 pt)

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5. When should you see a health care professional? (1 pt)

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6. What does protecting the burn mean to you? (1 pt)

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7. The reading says to 'gently cut or tear clothing around it'. What does this mean to you?

(1 pt) \_\_\_\_\_

8. What is the main idea of this reading? (1 pt) \_\_\_\_\_

9. What is the purpose? (1 pt) \_\_\_\_\_

Total CLB 4 \_\_\_\_\_ / 10 Must achieve 7/10 to continue to CLB 5

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## CLB 5

### Call 911 if:

- The burn is deep and not just on the top of the skin.
- Skin looks hard or if it has dark, white or black spots on it.
- There is a burn blister that is larger than two inches, or if it is watery.
- The person's hands, feet, face, or genitals are burned.
- The person is an infant or a senior.

Adapted and retrieved on January 21, 2014 from <http://www.webmd.com/first-aid/thermal-heat-or-fire-burns-treatment>

10. Should you remove jewellery that is in the way before or after you start to cool the burn? (2 pts) \_\_\_\_\_

11. In what part of the text do you see another name for minor burn? (2 pts) \_\_\_\_\_

12. When is one time that you should call 911? (1 pt)  
\_\_\_\_\_

13. What is the temperature of the water to use to cool the burn? (1 pt) \_\_\_\_\_

14. What does burns can swell quickly mean to you? (1 pt)  
\_\_\_\_\_

15. What does increase the risk of infection mean to you? (1 pt)  
\_\_\_\_\_

16. Why do you think you should call 911 if an infant or senior has been burned? (1 pt)  
\_\_\_\_\_

17. What would you keep in your house to help treat a burn? (1 pt)  
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