

LKPD

BAHASA INGGRIS FASE E

PROCEDURE TEXT (TIPS)



<https://shorturl.at/muKQ3>



<https://shorturl.at/ryX79>



<https://shorturl.at/ixRY>

**PPG DALJAB
GELOMBANG 2 TAHUN 2023
PENDIDIKAN BAHASA INGGRIS
UNIVERSITAS JEMBER**

**10
Class**

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MEDIA AJAR

1. Materi melalui media ajar video dan audio menjadi media belajar bagi peserta didik dengan gaya belajar visual, auditori, dan kinestetik. Media ajar video dan audio telah di simpan di Liveworksheets sehingga memudahkan peserta didik dalam belajar.



Link : <https://youtu.be/07tW8JcEg9w>

2. Reading Activity



Link : <https://www.youtube.com/watch?v=NQcYZplTXnQ>

A. Answer the following statements true or false based on the video (*How to mental health wellness*)

True

False

1. Try to focus on positive things is not supporting in recovery
2. Take time to appreciate and recognize everything to practice gratitude
3. Maintain physical health is not very important for staying physically fit.
4. One of the hardest things is developing coping skill.
5. Asking for help takes courages is helping to find a therapist



MEDIA AJAR

B. Match correctly Word

1. Struggle with
2. Mental illness
3. Medication
4. Overwork
5. Creep up
6. Deliberately
7. Self esteem
8. Work out
9. Reach out
10. Exercise

Meaning

- Penyakit kejiwaan
- Terlalu banyak pekerjaan
- Dengan sengaja
- Menakuti
- Berjuang dengan
- Pengobatan
- Harga diri
- Latihan
- Olahraga
- Mencapai

