Reading Comprehension Exercises

Read the Article

Motivation is a skill that we all possess but few of us ever really use. There are times in our lives when we are able to motivate ourselves to overcome almost any difficulty. However, there are also times when it seems like we can't even motivate ourselves to overcome even the smallest difficulty. What is the secret for mastering your own motivation?

First, find out what makes you want to achieve anything in life. When you have a firm understanding of what drives you to accomplish your goals, you will know how to motivate yourself. Whether the drive comes from finding comfort or from feeling like you have control over your life, it is wise to have a firm understanding of yourself and your values.

We each have our own ideas about what is important in our lives. Some people think that money is the answer to everything, so they live their lives and make their decisions based on money. Other people may want to become an important part of their society, so this drives them to achieve whatever they want in their lives.

Knowing what you want and what your values are is a good beginning of learning how to master your own motivation. When you can control your motivation to overcome difficulties, you will be able to accomplish what you want in life.

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Exercise 1 Pick the Right Answer!

1. According to the text, what is the secret for mastering your own motivation?
A. Finding comfort and control over your life.
B. Having a lot of money.
C. Becoming an important part of society.
D. Accomplishing your goals.

2. What does the text suggest about motivation?
A. We all possess it but rarely use it.
B. It is the key to overcoming any difficulty.
C. It is only necessary for achieving big goals.
D. It is not important in our lives.

3. Why is it important to know your values, according to the text?
A. It helps you become an important part of society.
B. It allows you to make decisions based on money.
C. It helps you understand what drives you to achieve your goals.
D. It helps you overcome difficulties in life.

4. What does the text say about people's ideas of what is important in life?
A. Everyone thinks that money is the answer to everything.
B. People have different ideas about what is important.
C. Money is the most important thing in life.
D. Being an important part of society is the most important thing in life.

5. According to the text, what can mastering your own motivation help you accomplish?
A. Overcoming any difficulty.
B. Becoming rich.
C. Becoming an important part of society.
D. Achieving what you want in life.

Exercise 2 Can You Tell which Sentences are True and which are False?

Statements:
1. Motivation is a skill that everyone possesses.

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2. We are always able to motivate ourselves to overcome any difficulty.
3. Understanding what drives us is not important for self-motivation.
4. Money is the only thing that motivates people.
5. Some people want to become an important part of their society.
6. Knowing what you want and your values is the first step in mastering your own motivation.
7. Controlling your motivation helps you overcome difficulties and achieve your goals.

Exercise 3 Which Title Fits Best? Become the editor of this text!

1. How Money Can Solve All Your Problems
2. Mastering Your Own Motivation: Unlocking the Secret to Overcoming Difficulties
3. The Power of External Validation in Achieving Your Goals

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