1. Write the correct answer.

They _____ their parent a gift to celebrate their anniversary.

should send
send should

He _____ more attention to what the teacher says.

should pays
should pay

We _____ an inexperienced waiter for the restaurant.

shouldn't hire
not should hire

I think you _____ disrespect your parents; they love you very much.

should
shouldn't

2) Mark the correct answers. "ONLY THE CORRECT ONES"

- I´m running to be fit and healthy.
- He went to the supermarket to buy fruit.
- He went supermarket buy fruit.
- I´m running fit and healthy.

LIVEWORKSHEETS

3) Complete the sentences according to the pictures.





- I´ve got a_____.
- I´ve got a_____.





- I´ve got a _____.
- I feel_____.

4) Match

earache	stomach-ache	headache	toothache	rash	cough	sore throat	Cold

















LIVEWORKSHEETS

Read, then answer the questions.



5) Write the number of the text that makes reference.

◯ ⇨ What can you do to stay fit? You can run in the playground, play a sport or walk to school.	◯ ⇨ What can you do to relax? You can do exercise, read a book, watch a film, see friends in the park.
◯ ⇨ How many hours should you sleep every night? Nine to ten hours.	
◯ ⇨ What's a balanced diet? It's when you eat at least five portions of fruit and vegetables every day.	◯ ⇨ Why is water good for you? Because it gives you energy and helps you get better when you are ill.

6) Write the correct option.

SHOULD FIVE THIRTY HELPS NOT

1 A balanced diet should have at least _____ portions of fruit and vegetables a day.

2 Walking or doing other exercise for _____ minutes a day keeps you fit and healthy.

3 You should _____ keep a phone in your bedroom.

4 If you're feeling well, you _____ drink water.

5 Relaxing _____ you stay fit and healthy.

LIVEWORKSHEETS

7) Write a short email to your English friend Melany:

- Talk about some good habits that you should do
- and those that you shouldn´t do to stay fit and healthy.

"Don´t forget the guidelines for writing an email"

8) Listening: Write True or False.

1. Jack is a famous football Player. ☐
2. Jack sleeps six hours on concert nights. ☐
3. Jack plays a lot of concerts in the morning. ☐
4. Jack uses his piano to be relaxed. ☐
5. Jack hates watching a movie in the evening ☐

9) Listening: Listen and complete.

1 Jack plays concerts *all over the world* .

2 Every morning, Jack _____ .

3 When he has a concert, Jack sleeps _____ .

4 When he doesn't have a concert, Jack _____ .

5 Jack _____ and watches films to relax.

LIVEWORKSHEETS