

Listening Unit 3 Group 9A

Listen to the interview and answer the questions

- 1.** Brain health and body health are (10p)
 - a. the same thing
 - b. very different from one another
 - c. similar but not exactly the same
- 2.** Name ONE good brain food that is not a drink. (15p)

- 3.** We can infer that Kathy Mullins(15p)

- a.** drinks a lot of coffee
- b.** thought coffee wasn't good for you
- c.** doesn't like coffee

- 4.** Teens should sleep _____ hours a night.(15p)

- 5.** Which mistake do many students make? (15p)

- 6.** Dr. Weiss says that we should surprise our brain by doing something

different. What specific suggestions does he give? Choose TWO answers. (15p)

- a.** do crossword puzzles and Sudoku
- b.** only use your right hand
- c.** try getting dressed with your eyes closed
- d.** travel a lot
- e.** read more