

Listening Unit 3 Group 9A

Listen to the interview and answer the questions

1. Brain health and body health are (10p)

- a. the same thing
- b. very different from one another
- c. similar but not exactly the same

2. Name ONE good brain food that is not a drink. (15p)

3. We can infer that Kathy Mullins(15p)

- a. drinks a lot of coffee
- b. thought coffee wasn't good for you
- c. doesn't like coffee

4. Teens should sleep _____ hours a night.(15p)

5. Which mistake do many students make? (15p)

6. Dr. Weiss says that we should surprise our brain by doing something different. What specific suggestions does he give? Choose TWO answers. (15p)

- a. do crossword puzzles and Sudoku
- b. only use your right hand
- c. try getting dressed with your eyes closed
- d. travel a lot
- e. read more