Health
Vocabulary for the Questions

it means	זה אומר	sleeping habits	הרגלי שינה
healthy	בריא	without	בלי
follow	לעקוב אחר	most of	רוב
lifestyle	סגנון חיים	teen	נוער
possible	אפשרי	culture	תרבות
modern world	עולם מודרני	promote	לקדם

Vocabulary for the Answers

WORDS AND PHRASES

do sports	לעשות ספורט	possible	אפשרי
enough	מספיק	promote	לקדם
health	בריאות	sleeping habits	הרגלי שינה
healthy	בריא	teen culture	תרבות הנוער
healthy lifestyle	אורח חיים בריא	think positively	תחשוב חיובי
go on a diet	לעשות דיאטה	unhealthy	לא בריא

unconsciously	באופן לא מודע

VERBS/VERB PHRASES

advertise	לפרסם	make profit	להרוויח
affect	להשפיע	prefer	להעדיף
annoy	לעצבן	purchase	לרכוש , רכישה
buy	לקנות	sell	למכור
get rid of	להיפטר	subscribe	להירשם
influence	להשפיע	take part in	להשתתף ב
irritate	לעצבן	watch	לצפות ב

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Health

1. What do you think **it means** to live a **healthy** life? Explain.

   ....

2. Do you **follow** a healthy **lifestyle**? Explain.

   ....

3. Is it **possible** to live a healthy life in the **modern world**? Explain.

   ....

   ....

4. What would you do differently to live a healthier life? Explain.

   ....

5. Do you think technology helps us live a healthy life? Explain.

   ....

   ....

6. Do you think your **sleeping habits** help you live a healthy life? Explain.

   ....

   ....

Write a final draft. What does it mean to you to live a healthy life? Do you think it is possible in the modern world to have a healthy lifestyle?

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Learning Languages
Vocabulary for the Questions

language	שפה	easily	בקלות
foreign language	שפה זרה	in addition to	בנוסף ל
learn languages	ללמוד שפות	important	חשוב
possible	אפשרי	other	אחר
you were to	היית צריך	the same way	באותה צורה

Vocabulary for the Answers

WORDS AND PHRASES

be exposed to	להיות חשוף ל	informal learning	למידה לא פורמלית
chat	צ'אט, לשוחח	professional opportunities	הזדמנויות מקצועיות
easily	בקלות	self-confidence	ביטחון עצמי
foreign	זר	self-confident	בעל ביטחון עצמי
foreign languages	שפות זרות	subtitles	כתוביות
formal learning	למידה פורמלית	train memory	לתרגל את זיכרון
get more opportunities	לקבל יותר הזדמנויות	travel around the world	לטייל מסביב לעולם
		work choice	בחירת עבודה

Learning Languages

1. What **languages** do you know? Where did you learn them?

   ....

   ....

2. Is it difficult for you to learn **foreign languages**? Why or why not?

   ....

3. How do you think it is **possible** to learn a language **easily**?

   ....

   ....

4. **In addition to** learning a language in class, what else can you do to learn a language? Give examples and explain.

   ....

5. Do you think it's **important** to learn English in Israel? Explain why.

   ....

   ....

6. What **other** language would you like to learn? Explain why.

   ....

   ....

Write a final draft. Tell me about the languages that you know? Do you think it is difficult to learn foreign languages? Do you think it's important to learn English in Israel? Explain why.

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Music
Vocabulary for the Questions

How does music make you feel?	איך מוזיקה גורמת לך להרגיש?	in your own language	בשפת האם שלך
Give an example	תן דוגמה	what a song is about	על מה השיר
what kind of	איזה סוג של	do other things while	לעשות דברים אחרים בזמן שאתה...
Explain why	תסביר למה	musical instrument	כלי נגינה
how often	באיזו תדירות	If not	אם לא
favorite singer/performer	מבצע	would you like	האם היית רוצה
Do you prefer	האם אתה מעדיף	Which one	איזה בדיוק

Vocabulary for the Answers

NOUNS

audience	קהל
contest	תחרות
performer	מבצע

VERBS

define	להגדיר
grow up	לגדול
prefer	להעדיף
relax	להרגיע

PHRASES

favorite singer/performer	זמר / מבצע אהוב עליך
get lost	ללכת לאיבוד
main source	מקור עיקרי
make me feel	גורם לי להרגיש

1. **How does music make you feel? Give an example.**
   ....
   ....

2. **What kind of** music do you like and/or dislike? **Explain why.**
   ....

3. **How often** do you listen to music? Where?
   ....

4. Who is you **favorite singer/performer**? Why?
   ....

5. **Do you prefer** songs in English or **in your own language**? Explain
   ....
   ....

6. Do you think it's important to understand **what a song is about**? Explain.
   ....
   ....

7. Can you **do other things while** listening to music? Give an example.
   ....

8. How can music help us in life?
   ....
   ....

Music

עדיפויות
מאז שנולדתי   גדלתי

I have been listening to music **since I was born**. As I **grew up**, my music **preferences** changed.

When I was a child, most of the songs I liked were children's songs in Hebrew. I listened to them

לרוב   המקור העיקרי

on TV and radio. Now, I am **mostly** listening to the songs in English. The **main source** I use for

מילות שיר

that today is YouTube. I don't always understand the **lyrics** of the songs I am listening to, but I

מנגינות

like the **melodies**.

להירגע

Music helps me **relax** or can take my thoughts away from everyday problems.

להגדיר   לפי   טעם

It is hard to **define** which kind of music is good or bad. Everything is **according to** your **taste**.

ז'אנרים   ללכת לאיבוד

There are so many popular musical **genres** in the world that it is easy **to get lost** in them. Today

כדי

you shouldn't be a professional musician **in order to** play your music and to be liked by the

קהל   להעלות   ערוץ

audience. You can simply **upload** your song to your YouTube **channel** and next day to become

מבצע

a popular **performer**.

תחרות   כבוד כזה

Not much time ago there was the Eurovision song **contest** held in Israel. We had **such an honor**

because Israeli singer Netta Barzilai won this contest last year with her famous song "Toy".

לגבי   אהוב עלי

As for my **favorite** singer, it is ……..

....

....

....

....

....

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My Free Time
Vocabulary for the Questions

free time	זמן חופשי	in the future	בעתיד
describe	תאר	become	להפוך ל
activity	פעילות	part	חלק
continue	להמשיך	future career	קריירה עתידית

Vocabulary for the Answers

WORDS AND PHRASES

chat with my friends	לשוחח עם החברים שלי	play games	לשחק משחקים
cook	לבשל	play online games	לשחק במשחקים מקוונים
free time	זמן חופשי	post on Facebook	פרסם דברים בפייסבוק
future career	קריירה עתידית	post on Instagram	פרסם דברים באינסטגרם
hobby	תחביב	read books	לקרוא ספרים
listen to music	להקשיב למוסיקה	walk my dog	לטייל עם הכלב שלי
make clips for music.ly	ליצור קליפים למוסיק,לי	watch movies	לצפות בסרטים
meet with my friends	להיפגש עם החברים שלי		

My Free Time

1. How much **free time** do you have?

   ....

   ....

2. What do you like to do in your free time?

   ....

   ....

3. What do your friends do when they have free time?

   ....

   ....

4. **Describe** the **activity** that you enjoy doing. Why do you like doing this?

   ....

   ....

Write a final draft. Tell me what you like to do in your free time and why do you like doing it? Will you continue doing this activity in the future? Explain why.

_____

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My Personal Strengths and Weaknesses
Vocabulary for the Questions

What is the thing	מה הדבר difficult for you to do	קשה לך לעשות
like to do most	הכי אוהב לעשות impossible for you to do	בלתי אפשרי בשבילך לעשות
Is it easy for you	האם זה קל בשבילך If you	אם אתה
Name one thing	ציין דבר אחד how can you	איך אתה יכול
you are good at	אתה טוב ב ... improve your performance	לשפר את הביצועים שלך

Vocabulary for the Answers

VERBS

improve לשפר
support לתמוך
train להתאמן

NOUNS

performance ביצועים
strength חוזק
weakness חולשה

PHRASES

ask for help	לבקש עזרה	deserves praise	מגיע לו שבחים
be praised	שיבחו אותו	do my best	אעשה את הכי טוב שלי
be supported	להיות נתמך	get consulted	להתייעץ
be weak	להיות חלש	spend more time	להקדיש יותר זמן
becomes strong	הופך להיות יותר חזק	think positively	תחשוב חיובי
believe in yourself	תאמין בעצמך	where one breaks	כאשר מישהו נשבר
		work hard	עובד קשה

My Personal Strengths and Weaknesses

1. **What is the thing** that you **like to do most**? **Is it easy for you** to do that?
   ....

2. **Name one thing** that **you are good at**.
   ....

3. Name one thing that is **difficult for you to do**.
   ....

4. What is **impossible for you to do**?
   ....

5. **If you** are not good at something, **how can you improve your performance**?
   ....

Write a final draft. Tell me about your strengths and weaknesses? What are the things that you are good at and what are the things that you find difficult and impossible for you to do? Explain why.

_____

_____

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Project Questions and possible answers

	Questions	Possible Answers
1	What is the topic of your project? מהו נושא הפרוייקט שלך?	The topic of my project is ....
2	Why did you choose this topic for your project? מדוע בחרת בנושא זה עבור הפרוייקט שלך?	I chose this topic because ....
3	Who was your project partner? מי היה השותף שלך לפרוייקט?	I didn't have a project partner as it was an individual project. I did the project by myself. ....
4	Describe the procedure of working on the project. תאר תהליך העבודה על הפרוייקט?	At the very beginning I had to find .... Then, I had to choose .... The next stage was .... What is more, I had to write..................................... .... The following part of the project was a reflection in which I had to express my opinion on the project procedure.
5	What interests you about the topic? מה מעניין אותך בנושא של הפרוייקט?	It was very interesting for me to find out................... ....

6	What interesting facts did you learn working on the project? אילו עובדות מעניינות למדת בזמן העבודה על הפרוייקט?	It was very interesting for me to know that................... ....
7	What was the most interesting thing that you learned about your topic? מה היה הדבר המעניין ביותר שלמדת על הנושא שלך?	The most interesting thing that I learned about the project was ....
8	What was surprising about your project? מה הפתיע אותך בפרוייקט?	It was very surprising for me to know that ....
9	What did you learn working on the project? מה למדת במהלך הפרוייקט?	I learned that ....
10	What new information did you gain from doing the project? איזה מידע חדש השגת מעבודה את הפרוייקט?	....
11	What new skills did you learn from doing the project? איזה מיומנויות חדשות למדת מעבודה את הפרוייקט?	I learned how to divide the time to work on the project effectively. I learned how to find the main idea in the paragraph. I leaned how to summarize information. ....
12	What did you enjoy about doing the project? מה אתה נהנת לעשות בפרוייקט?	I enjoyed to learn ....

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LIVEWORKSHEETS

13	What else would you like to learn about the subject of your project? מה עוד ברצונך ללמוד על נושא הפרוייקט?	I would like to know ....
14	What skills did you need for working on the project? ממך בעבודה על הפרוייקט מה הן המיומניות הנדרושות?	I need to know how to manage my time for the project, how to use a dictionary and how to summarize sources of information properly.
15	What learning skills did you improve working on the project? איזה כישורי למידה שיפרת בעבודה על הפרוייקט?	Working on the project improved such skills as time management, dictionary usage and summarizing long texts.
16	How did the project influence your English? איך הפרויקט השפיע על האנגלית שלך?	After working on the project I know more English words and can better express myself in writing.
17	How did the project help you understand the subject? כיצד הפרוייקט עזר לך להבין את הנושא?	It was the first time in my life when I checked the information about .... It was a great experience for me.
18	What did you find difficult about doing the project? מה היה לך קשה בביצוע של הפרוייקט?	It was difficult for me to find relevant information in English. It was difficult for me to read long texts in English. It was difficult for me to write a project in English. It was difficult for me to find the information about ....
19	What was the most difficult part of doing this project? How did you overcome it? מה היה החלק הקשה ביותר בעבודה על הפרוייקט? כיצד הצלחת להתגבר על הקושי?	It was difficult for me to find relevant information in English. It was difficult for me to read long texts in English. It was difficult for me to write a project in English. It was difficult for me to find the information about ....

		My teacher / friends / parents helped me overcome it.
20	How can you use the information you found working on the project? כיצד ניתן להשתמש במידע שמצאת בעבודה על הפרוייקט?	I understand the importance of ....
21	What would you do differently if you could change your project? מה היית עושה אחרת אם היית יכול לשנות את הפרוייקט שלך?	I would not change anything in my project because I like it as it is.
22	What sources of information did you use working on the project? באילו מקורות מידע השתמשת בעבודה על הפרוייקט?	I used mostly internet sites that Google offered me.
23	Name two sources you used ציין שני מקורות בהם השתמשת	For the project I used such sites as........
24	Where did you find your sources? איפה מצאת את המקורות שלך?	I found most of the sources I used for my project on the Internet.
25	How much time did it take you to work on the project? כמה זמן לקח לך לעבוד על הפרוייקט?	It took me about a month to finish the project.

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