

Present simple and present continuous

We use the **present simple** to talk about regular events. We use the **present continuous** to talk about things happening now.

Present simple versus present continuous

Present simple	I / You / We / They	go	swimming	every day.
	He / She	goes	climbing trampolining	at the weekend. on Fridays.
Present continuous	I'm / You're / We're / They're	going	diving abseiling	in this picture. now.
	He's / She's			

Choose the correct option:

- 1 **I play** **I'm playing** table tennis on Wednesdays.
- 2 **We play** **We're playing** football now.
- 3 **They go** **They're going** trampolining every Monday.
- 4 **You do** **You're doing** archery after school on Tuesdays.
- 5 **She does** **She's doing** gymnastics in this picture.

Complete with DO, PLAY or DOES in PRESENT SIMPLE or PRESENT CONTINUOUS:

She _____ climbing every day.

In this picture, she _____ hockey.

She _____ hockey every day after school.

They _____ badminton on Fridays.

They _____ badminton now.

In this picture, he _____ archery in the park.

He usually _____ archery at the sports centre.

