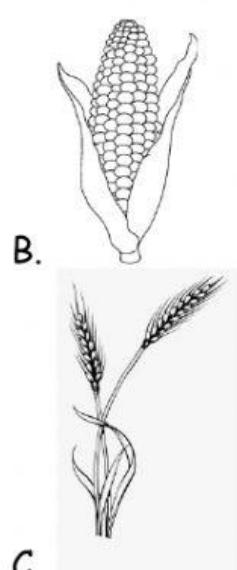




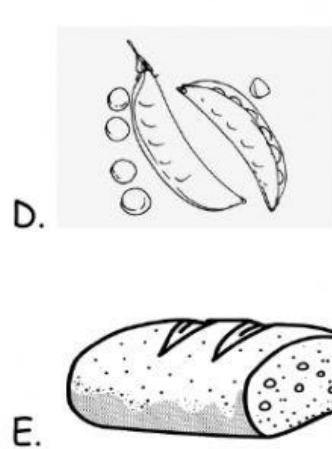
1. CORN



2. PEAS

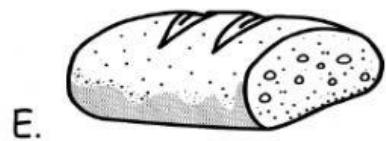


3. BREAD



4. WHEAT

5. BEANS



## **FIELD CROPS: The basic source of food (1)**

It can be said that all of our food comes from plants because most animals eat plants.

Cereals are a very important group of food. Almost half of the world's cropland is used for cultivating cereals. Wheat, barley and corn are cereals. Cereals can be cooked in their natural state or they can be processed to make bread or pastas. Rice is also a cereal. Unlike other cereals, rice grows in water. There are thousands of varieties of rice. Rice is mostly cultivated in Asia.

Legumes are an important group of food too. Beans, peas and lentils are legumes. Legumes are deep-rooting. They are resistant to drought. Legumes produce their own natural fertilizer. So, they can enrich the soil helping the growth of other plants too!

### **True or False?**

1. All of our food comes from plants. ....
2. Peas and beans are cereals ....
3. Rice does not need much water to grow. ....
4. Lentils and peas are legumes. ....
5. Beans and rice are legumes. ....
6. Legumes can enrich the soil ....
7. Legumes need a lot of water to grow. ....
8. Cereals can be used to make bread and pasta. ....
9. Rice is mostly cultivated in Asia