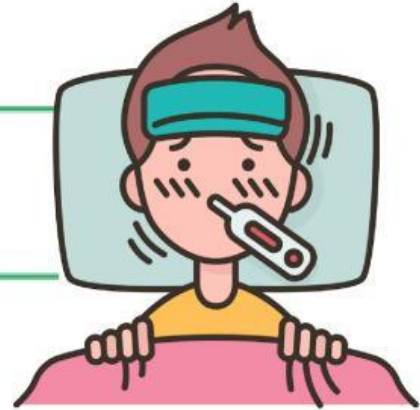


NATURAL SCIENCE

-TASKS-UNIT 2-

This morning Tom is not feeling well.
His body does not function correctly.



1 Choose the correct word.

- Tom is **healthy** / **ill**.
- His parents are taking him to the **health centre** / **school**.
- His **mother** / **doctor** gives him a check-up.
- His doctor prescribes a **medicine** / **vaccination** to make him feel better.

2 Look at Tom's habits and tick the healthy ones.



HE SLEEPS 10 HOURS.



HE WASHES HIS HANDS.



HE EAT SWEETS.



HE PLAY S BASKETBALL.



HE SITS WITH A STRAIGHT BACK.

- 3 What recommendations should Tom follow?
Tick the healthy habits.

- | | |
|--|---|
| <input type="checkbox"/> Drink enough water. | <input type="checkbox"/> Eat three meals a day. |
| <input type="checkbox"/> Eat fresh foods. | <input type="checkbox"/> Eat a healthy breakfast. |
| <input type="checkbox"/> Eat five meals a day. | <input type="checkbox"/> Eat only what he likes. |

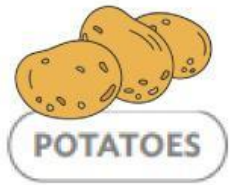
- 4 Match.



FOODS THAT PROVIDE
VITAMINS AND FIBRE



FOODS THAT
HELP US TO GROW



FOODS THAT
PROVIDE ENERGY



- 5 Complete the accident preventions.



After a shower ____

_____.

Never play with

_____.

When you do sports

_____.