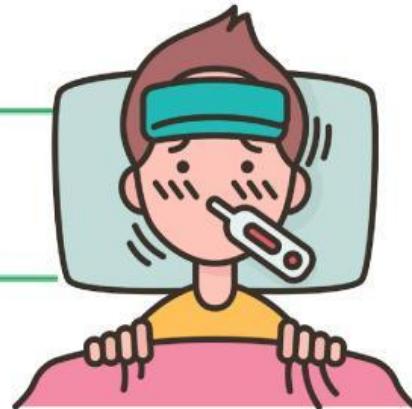


NATURAL SCIENCE

-TASKS-UNIT 2-

This morning Tom is not feeling well. His body does not function correctly.



1 Choose the correct word.

- Tom is **healthy** / ill.
- His parents are taking him to the **health centre** / school.
- His **mother** / **doctor** gives him a check-up.
- His doctor prescribes a **medicine** / **vaccination** to make him feel better.

2 Look at Tom's habits and tick the healthy ones.



HE SLEEPS 10 HOURS.



HE WASHES HIS HANDS.



HE EAT SWEETS.



HE PLAYS BASKETBALL.



HE SITS WITH A STRAIGHT BACK.

3 What recommendations should Tom follow?

Tick the healthy habits.

Drink enough water.

Eat three meals a day.

Eat fresh foods.

Eat a healthy breakfast.

Eat five meals a day.

Eat only what he likes.

4 Match.



GREEN

FOODS THAT PROVIDE
VITAMINS AND FIBRE



CHICKEN

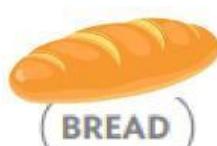


LETUCE

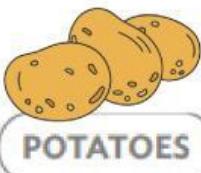


RED

FOODS THAT
HELP US TO GROW



BREAD

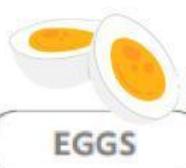


POTATOES



YELLOW

FOODS THAT
PROVIDE ENERGY



EGGS



APPLE

5 Complete the accident preventions.



After a shower _____

_____.

Never play with _____

_____.

When you do sports _____

_____.