1 Work in pairs. How do you usually feel in these situations? Give examples from your own experience.

- going on a first date
- waking up after you've accidentally overslept
- getting in trouble with your parents/at school
- passing a test or exam
- playing a game/sport and winning

2 2 Listen to five people describing the first time they did something. What is each person's 'first'?

E DOBIERANIE

3 2 Listen again. Match Speakers 1–5 with sentences A–F. There is one extra sentence.

This Speaker

A says it had a very negative effect on them.

B says they want to try it again in the future.

C made a lot of mistakes at first.

D was really surprised by what happened.

E did want it to start at first, but didn't want it to finish at the end.

F says it made them understand more about him/herself.

1	2	3	4	5

4 2 Match the adjectives in the box with definitions and synonyms 1–8. Then listen again and check.

anxious • astonished • heartbroken • kind
pleased • proud • serious • terrified

1 happy
2 not silly/funny
3 very frightened
4 desperately sad
5 nice
6 very happy because of an achievement/success
7 very surprised
8 worried, nervous

5 3 Listen to a phone conversation between Jack and Lily and answer the questions.

1 Who is coming from Poland?
2 Why can't Jack collect him?
3 What information does Lily ask Jack for?

E UZUPEŁNIANIE LUK

6 3 Listen to the conversation again. Complete gaps 1–5 with the information from the conversation.

Piotr
Arrival: 4.20 p.m. at Terminal (1) ▒
Appearance:
- *quite tall and medium- (2)* ▒
- *short, (3)* ▒ *brown hair and brown eyes*
- *quite sporty, T-shirt and shorts or (4)* ▒

Phone number: 0048 22 (5) ▒ *321 964*

7 3 Choose the correct options. Then listen again and check.

1 *What / How* does he look like?
2 *He's / He's got* quite tall and medium build.
3 *He's / He's got* short, straight, dark hair.
4 *He's / He's got* a beard.
5 *He's / He wears* quite sporty.

LIVEWORKSHEETS