

TEST FOR UNIT N.2

PART 1: PHONETICS

Exercise 1: Choose the words whose underlined part is pronounced differently from that of the others in each group

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|---------------------------|-----------------------|----------------------|---------------------|
| 1. A. <u>h</u> eadache | B. <u>m</u> eat | C. <u>e</u> at | D. <u>w</u> eak |
| 2. A. en <u>ough</u> | B. sh <u>ou</u> ld | C. <u>tr</u> ouble | D. am <u>oun</u> t |
| 3. A. new <u>s</u> | B. thi <u>ng</u> s | C. studen <u>t</u> s | D. brain <u>s</u> |
| 4. A. vegetabl <u>e</u> s | B. smoothi <u>e</u> s | C. lifestyles | D. lunch <u>e</u> s |
| 5. A. rest <u>e</u> d | B. ask <u>e</u> d | C. help <u>e</u> d | D. plac <u>e</u> d |

Exercise 2: Choose the word whose main stressed syllable is placed differently from that of the other in each group.

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| 6. A. healthy | B. lifestyle | C. soda | D. advice |
| 7. A. candy | B. doctor | C. address | D. dentist |
| 8. A. midnight | B. problem | C. structure | D. repeat |
| 9. A. solution | B. chocolate | C. principal | D. exercise |
| 10. A. understand | B. interview | C. introduce | D. underline |

PART 2: VOCABULARY & GRAMMAR

I. Choose the option (A, B, C or D) that best completes each of the following sentences.

11. How much exercise _____ your brother do every week?
A. do B. does C. did D. is
12. Let's go to the _____. I would like to eat seafood.
A. restaurant B. cafeteria C. sports centre D. school
13. I have a lot of energy and I can do a lot of work. I feel _____.
A. weak B. unhealthy C. strong D. tired
14. She feels hot and sick. I think she has _____.
A. a fever B. a headache C. earache D. sore eye
14. We don't enjoy _____ fast food. It isn't good for our health.
A. eat B. ate C. eaten D. eating
16. How much soda _____ you drink every week?
A. do B. did C. does D. are
17. My mother doesn't eat _____ junk food.
A. some B. any C. a little D. many

18. Fast food is a (an) _____ food for children who are putting on weight.
A. healthy B. unhealthy C. good D. better
19. My sister should _____ medicine because she has a fever now.
A. taking B. having C. have D. take
20. If you _____ vitamins every day, your skin will be very fair.
A. take B. took C. taking D. taken

II. Give the correct form of the verbs to complete the sentences.

21. Having a _____ lifestyle is very important. (health)
22. Unhealthy habits will make you tired and _____. (weight)
23. Having enough sleep will help you focus and remember things more _____. (easy)
24. She should go to the doctor because she has a _____. (ear)
25. My _____ even falls asleep at her desk because she stayed up too late last night. (class)
26. Drinking unclean water can cause _____. (sick)
27. My uncle is a _____. He doesn't eat meat or fish. (vegetable)
28. I'm _____ to shellfish, so I can't eat lobster and shrimp. (allergy)
29. Lack of vitamin E can cause skin diseases and _____. (tired)
30. The symptoms of the disease include fever and _____. (head)

PART 3: READING

III. Choose the most suitable word for each space.

Choose the word which best fits each gap.

My friend, John, has had a few problems with his health. He didn't feel well, (31) _____ he told his parents about that. His mum said, "You should eat more vegetables. You shouldn't eat (32) _____ every day." His dad said, "You should go to bed earlier. You (33) _____ stay up so late at night." He phoned me and told me about the problems. I said, "Don't play so many computer games. Go outside and play football."

He didn't go to school last week. He went to (34) _____ the doctor. The doctor said, "You should stay at home for a week. Don't go out and don't turn on your computer."

At school today, he looked sad. We asked him, "What's wrong? You should be happy. You weren't here last week."

John is (35) _____ his school work from last week. He's not happy at all.

31. A. because B. or C. and D. but
32. A. ready food B. fresh food C. traditional food D. junk food

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|---------------|--------------|------------|------------|
| 33. A. should | B. shouldn't | C. must | D. mustn't |
| 34. A. see | B. look | C. look at | D. find |
| 35. A. taking | B. making | C. doing | D. playing |

IV. Read the text and choose the correct answer.

KEEPING OUR TEETH HEALTHY

It's very important to have healthy teeth. Good teeth help us chew our food. They also help us look nice. How does a tooth go bad? The decay begins in a little crack in the enamel covering of the tooth. This happens after germs and bit of food have collected there. Then the decay slowly spreads inside to the tooth. Eventually, poison goes into the blood, and we may feel quite ill.

How can we keep our teeth healthy? First, we ought to visit the dentist twice a year. He can fill the small holes in our teeth before they destroy the teeth. He can examine our teeth to check that they are growing in the right way.

Secondly, we should brush our teeth with a toothbrush and fluoride toothpaste at least twice a day once after the breakfast and once before we go to bed. We can also use wooden toothpicks to clean between our teeth after a meal.

Thirdly, we should eat food that is good for our teeth and our body: milk, cheese, fish, brown bread, potatoes, red rice, raw vegetables, and fresh fruits. Chocolates, sweets, biscuits and cakes are bad, especially when we eat them between meals. They are harmful because they stick to our teeth and cause decay.

36. Good teeth help us _____ our food.

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| A. be nice | B. have good eyesight |
| C. chew | D. be important |

37. When food and germs collect food in a small crack, our teeth _____.

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|-------------------|-------------------------------|
| A. become hard | B. send poison into the blood |
| C. begin to decay | D. make us feel quite ill |

38. A lot of people visit the dentist only when _____.

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|------------------------------|-----------------------------------|
| A. their teeth grow properly | B. they have holes in their teeth |
| C. they have toothache | D. they have brush their teeth |

39. we ought to clean our teeth _____.

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|------------------|-------------------------|
| A. once a day | B. at least twice a day |
| C. between meals | D. before breakfast |

40. We shouldn't eat too much _____.

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|-------------|----------------|
| A. red meat | B. fresh fruit |
| C. fish | D. chocolate |

PART 4: WRITING

Rewrite the following sentences without changing the meaning.

41. My mother loves doing morning exercise. (fond)

→ *My mother is* _____.

42. Let's go to the cafeteria this afternoon!

→ *How* _____.

43. Eating fruit and vegetables is healthy.

→ *It is* _____.

44. I would to drink some orange juice now.

→ *I want* _____.

45. Don't forget to sleep at least eight hours a day. It's good for you!

→ *Remember* _____.

Put the words in the correct order to make correct sentences.

46. I/ do/ every day./ think/ we/ morning exercise/ should

47. You/ junk food./ so/ much/ eat/ shouldn't

48. How much/ do/ eat/ every week?/ fast food/ you

_____.

49. The dentist/ me/ to/ told/ brush / teeth/ my/ twice / a day.

50. I/ am/ keeping my/ health/ doing/by/ exercise every day.

End – Of – Test N.2

